



As we Zoom the Road of Happy Destiny

On the weekend of March 13 – 15, a group of sober alcoholics gathered to move Central Office from San Luis Obispo to a new office in Los Osos. As we prepared to open the new office the next week, the state Shelter at Home orders went into effect. At the same time, almost all of our meeting locations were shuttered. When our meeting locations shut down, the lifelines for our recoveries were cut; we alcoholics all depend on hearing and sharing our message with one another.

Around the world, alcoholics sprang into action and started opening up new electronic portals whereby AA groups could continue to meet and share their stories. And the Central Coast Central Office Intergroup team was part of that movement. Within a week, we had about 50 “remote” meetings listed and alcoholics started learning how to navigate through the various screens, set up meeting rooms, and take precautions to negate the Zoom “bombers”. A few weeks later, we had over 100 meetings listed for our district and the CCCOI website traffic increased dramatically.

This is a unique time in history, as well as our fellowship due to the COVID-19 shutdowns. As you all know, our International Convention, scheduled for Detroit in early July, has been canceled. But I can tell you that it is being celebrated every day via cyberspace. There are thousands of remote meetings held daily around the world, with attendees from diverse parts of the globe.

You can find English-speaking meetings easily using any of the web search engines. I compiled a list of about 30 countries and distributed that list to my home group; our “Zoomsters” club drops in on one or two meetings a day. To date, I have attended meetings in 24 countries and did so on 6 continents in two days. Here are some of the unique God-shots I gathered along the way:

- I met an Irish lady from Portland, Oregon in a meeting in Majorca, Spain who had just attended a meeting in Dublin, Ireland where she met her drug counselor from 12 years ago.
- I joined a Ho Chi Minh City, Vietnam meeting last week where it was just the meeting leader/host and

me; “Any two or three alcoholics gathered together may call”

- In The Hague, Holland, I met two sober alcoholics from Maryland who had just finished attending meetings in all 50 states.
- The “Midnight Sun” Reykjavik, Iceland meeting meets 6 days a week; they just resumed 2 face-to-face meetings whereby they also conference in Zoom participants around the globe.
- Down in Aruba, I met a new sober friend who lives next door to one of my best friends from that island.
- The Bondi Beach, Australia meeting was “packed” with 62 attendees, some from Ireland, Scotland, Chicago, New York and Tasmania.
- In a Buenos Aires, Argentina meeting, I met a Peruvian alcoholic who got sober at the Radford Group in North Hollywood, where he had the opportunity to meet Dr Paul O.
- At my Glasgow, Scotland meeting, we had a newcomer drop in from Casablanca, Morocco.
- My home group here in Los Osos has a Sunday 7am speaker meeting; so far, we have had speakers from the Yellowwood AA group in South Africa and Chiang Mai, Thailand. On deck, we have speakers coming from The Hague, Holland, and an AA/Al-Anon couple from South Africa.

What’s next? No one knows for sure, but I would bet that these new communication pathways will not just disappear. I can’t wait to get back to my meeting hall and see my “peeps” again. If all the restrictions were lifted on the first meeting day, I would predict that we would never get the meeting started - too much time for hugs and handshakes. But I hope that we can continue reaching out to alcoholics around the world via the web; the beauty of it is that you hear the same AA sayings no matter where you go, the only difference is in the accent. If you haven’t ventured out to meet our sober brothers and sisters around the world – give it a try. I guarantee it will bring you happiness, joyfulness and freedom.

God Bless.
Bob, Los Osos



JUNE: *Willingness*

Step 6

Were entirely ready for God to remove all these defects of character.

Tradition 6

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

Reprinted with permission of A.A. World Services, Inc.

Sobriety Birthdays



Name	Years
Tory S	38
Janet F	35
Sharon P	28
David P	27
Kurt G	10



If you'd like to celebrate your sobriety birthday with us in the Nameless Newsletter send details to: NNLEditor@sloaa.org or send a donation (suggested \$1.00 per year of sobriety) in a birthday envelope and mark the box if you'd like us to include it in the newsletter!

MEETING DIRECTORY CHANGES

- [List of ONLINE meetings due to COVID-19](#)
[Submit an online meeting link](#)
- [List of CLOSED meetings due to COVID-19](#)
[Submit a meeting closure](#)

Ways to submit changes to our Directory

1. Drop by Central Office and enter change(s) on a meeting change form *Temporarily closed:*
2. Call Central Office (805-541-3211) and relay the change info to the volunteer
3. Email the change info to: communications@sloaa.org
4. Access the meeting change form online at <https://www.sloaa.org>

7TH TRADITION MAILING LIST for GROUP TREASURERS (and other donors)

General Service Office (GSO)

P.O. Box 459
New York, NY. 10163-0459

Area 93

606 Alamo Pintado, #140
Solvang, CA. 93463

District 22

P.O. Box 1891
San Luis Obispo, CA. 93406

Central Office Intergroup (CCCOI)

P.O. Box 12737
San Luis Obispo, CA. 93406
VENMO @slocentraloffice

Hospitals and Institutions (H&I)

P.O. Box 12737
San Luis Obispo, CA. 93406

UPCOMING EVENTS

June 5-7, 2020

A Vision for You

63rd Annual Area 46 Convention (VIRTUAL)
Roswell, New Mexico

<https://nm-aa.org/area-46-convention-roswell-2020/>

August 7-9, 2020

Happy, Joyous and Free

43rd Summerfest (VIRTUAL)
Eugene, Oregon

<https://aa-summerfest.org/>

August 28-30, 2020

A Vision for You

District 22 (VIRTUAL)

<https://sloaa.org/>
San Luis Obispo, CA

December 4

Los Osos Early Risers

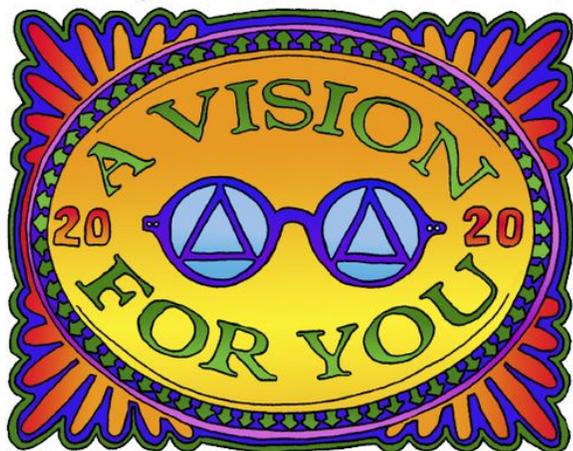
9th Annual Holiday Party
Los Osos, CA

MORE UPCOMING EVENTS

SERVICE SUNDAY (June 14, 2020)

- Type: ZOOM
- **Central Office Reps MEETING**
 - Time: 8:45 AM
 - Link: <https://us02web.zoom.us/j/676772528?pwd=VmZXWGE1emtKcUV3bnlsMGJCSkdVUT09>
 - Meeting ID: 676 772 528
 - Password: 817218
- **DISTRICT 22 CONVENTION PLANNING**
 - Time: 12 Noon
 - Link: <https://zoom.us/j/435033231?pwd=U2dvNk9TclhtRXM5bU9laDV0UXk2dz09>
 - Meeting ID: 435 033 231
 - Password: 000000 (6 zeros)

53RD ANNUAL DISTRICT 22 CONVENTION



**AUGUST 28-30, 2020
SAN LUIS OBISPO, CA**

WE'RE HOLDING A VIRTUAL CONVENTION THIS YEAR!

Join us August 28, 29 and 30, 2020 online for a full lineup of District 22 convention events.

Event registration is FREE, but DONATIONS are really appreciated.

Check sloaa.org in June for details on convention events, registration details, etc.

A.A. GRAPEVINE & LA VINA News

[AA Grapevine and La Viña are here to help!](#)

The Jan, February, March, April, and May Grapevine print issues will remain available and free to access until further notice.

Please visit: aagrapevine.org/we-are-here-to-help

[Want To Help Another Alcoholic?](#)

Join Us In Our 2020 Carry The Message Project

Give Grapevine or La Viña To An Alcoholic In Need To Learn more, visit our website at

aagrapevine.org/carry-the-message or visit our YouTube channel at youtube.com/aagrapevine

[AA Grapevine's Redesigned Website](#)

Try it out today at: <https://www.aagrapevine.org/>

Please visit us through your [Meeting Guide App](#) ...

AAGrapevine.org

- Make your plans and add your events to our online calendar at www.aagrapevine.org/share
- Grapevine is always looking for stories, photographs, and illustrations. Please visit www.aagrapevine.org/share to learn more about how you can participate with Grapevine.
- To listen to a free La Viña audio story (in Spanish), visit: www.aalavina.org.

[Did You Know?](#)

In 2012, the Grapevine Conference Committee requested as an Additional Consideration: "that groups that do not have a GVR or RLV consider incorporating these duties into the duties of the GSR."



Chair/GVR Corner

Please let us know at outreachcoord@aagrapevine.org if your Area is planning any online virtual events.

If you attend area events we'd like to know! Also, if you take anonymity-protected photos at events, we'd love to post them on the

[GV Display Gallery](#)

Please send the information and photos to

outreachcoord@aagrapevine.org



The picture below is from our Area 93 delegate **Jeff G.**'s PowerPoint presentation of his report back from **the 70th General Service Conference** held virtually via Zoom May 16-19, 2020.



Please join me in sharing our heartfelt thanks to Jeff for his dedicated and faithful service as our Area 93 delegate these past 2 years. You may send your thanks to Jeff at delegate93panel69@gmail.com



Lost & Found

Did someone misplace their cap when they helped move the office???



Call Central Office to claim.

Step 12... Carry the Message

Tell us your Story... Share your experience, strength and hope as a recovering alcoholic by sending it in your own words to nnleditor@sloaa.org (@ 650 words)



Central Office will be selling books on June 15th, and 29th from 1 to 5 PM

You must be able to pick them up the same day between 1-5 PM!!! The books will be brought to the door as the **office is not open at this time.**

Here is what you need to do to order and pick up books:

- Call Central Office on the day you want to pick the books up. Call (805) 541-3211 between 12 noon and 4 PM and place your order with Janice E.
- She will make a receipt and give you the amount you will owe.
- You will bring the exact amount, as Janice cannot make change at this time. Check (made out to CCCOI), cash, and Venmo payments are accepted. (Venmo@slocentraloffice).
- Pay for and pick up your books at 1333 Van Beurden Drive, Los Osos before 5 PM. Janice will bring them to the door. Van Beurden Dr. is located where South Bay Blvd and Los Osos Valley Road meet.
- Please note we are out of the standard size *Daily Reflections* books at this time, but we do have some large print *Daily Reflections*.
- If you would like any *Newcomer Packets*, *Meeting in a Pocket*, *Birthday Contribution Envelopes* (all limited to 5 ea.) – please let us know when you place your order. They are free.

Thanks for your understanding and cooperation.



AAWS Continues to Process Literature

Please contact the Order Department at 212-870-3312 or email orders@aa.org or visit the online store at <https://onlineliterature.aa.org>.

Customers who previously had an online account must call the Order Entry Department to obtain access. Please call 212-870-3312, Ext. 2