

Central Office (CO) Representatives (COR) Meeting

October 11, 2020 Zoom Meeting

Board of Directors X = present

X Chair, Bonnie N	X Vice-Chair, Joan S
X Treasurer, Janice E	X Secretary, Leonard L
X Literature, Gil M	X Communications, Jeff L
X Member at Large, Andrea W	

Staff X = present

Office Manager, Roy W	Volunteer Coordinator, Chad C
X Newsletter Editor, Judy G	X Dist. 22 Convention Liaison, Bob R
X District 22 Liaison, Joan S.	X Web Master, Bob R

**COR's present:**

Dick B, Mesa Group AG  
Ellen, S Open Door, LO  
Jim L, Options, MB  
Kimberly, Pioneer, SLO  
Lori O, Liv-in The Steps LO  
Paul L, Harbor Lights, MB  
Wayne N, 5 Cities AG

This was a Zoom COR meeting hosted by Andrea.

8:45am Bonnie called the meeting to order, followed by the Serenity Prayer and a reading of the 9<sup>th</sup>Tradition.

**Reports from Officers:**

**Chairperson, Bonnie** said she was not able to attend the Board meeting on Oct 8<sup>th</sup> and she thanked Joan for chairing the meeting,

From reading the meeting minutes she reported it was decided to continue the curbside literature pickup times (Mondays & Saturdays 1-4 PM). We will continue to evaluate expanding the operation hours. Volunteers continue to answer the phones 24/7 from their homes.

She also thanked the Board for the opportunity to attend the virtual Intergroup / Central Office / AAWS / AAGV seminar. It was hosted by the Des Moines Central Office this year. It was attended by AA members involved with Central Offices from all over the US and Canada, and some other countries. Four of our group attended: Gil, Jeff, Judy, and Bonnie. They intend to take turns reporting what we learned at this meeting and/or in the Nameless Newsletter over the next couple of months.

Last but not least, she asked us to consider making yourself available to becoming a Board member for the 2021/2023 panel. We will be having elections in November.

**Vice Chair/District 22 Liaison:** Joan said she attended the district 22 August zoom meeting for which she made the following report.

They will be selecting, their next years panel in November so they can put together a 2021 budget by January.

They are moving ahead with the Traditions Workshop on zoom.

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The District 6 Liaison, Hilario C., has been busy going to many Spanish speaking meetings and he is keeping contact with that sector of our AA community.

She, Joan, reported that the Central Office is continuing its Curb Side book sales each Monday and Saturday, 1-4. Need to call first. The NNL is available at sloaa.org and copies in the lobby at the Central Office, and to check the web site, it is constantly being updated.

It was reported that the GSO, in New York is in need of donations. Go to sloaa.org for contact information.

**Secretary's Report:** Leonard stated that he had sent out the September meeting minutes for review with the meeting notice. He asked if there were any questions or corrections. There being none.

**A motion to approve them as written was made by Ellen, seconded by Joan. They were approved unanimously.**

**Treasurer's Report:** Janice went over the Group financial reports. We have received \$15,832.90 so far this year as compared to \$20,477.70 last year, a \$4,644.80 deficit. She said our Birthday contributions are t \$378 for the year compared to \$708 last year, \$18 from Can Do Cans (\$195 last year) and \$3,094.62 personal contributions (\$ 78.51 last year).

We have \$12,913.13 in our checking account, \$100 in Petty Cash and a Prudent Reserve of \$15,958.38

During discussion, Janice noted that while our contributions have been down it has been trending up. We still need to get the word out to all our groups of the need for donations.

**A motion to accept the reports was made by Leonard, seconded by Wayne. They were approved unanimously.**

**Literature,** Gil noted that the Spanish Literature is running low and he will be going into the Office to place an order.

**Communications Chair Report:** Jeff said the November Nameless NewsLetter has been posted on our web. You can read it from home page. He maintains the meeting directory on the web site and Bob is keeping the remote ones up to date.

He reported the Central Office Work Shop he attended with Bonnie, Gil and Judy was quite good. It was spread over four days. There were various discussion groups each day to choose from. He attended four. One of them was about how the Pandemic had effected our communications. Our online services (web pages, Telephone) have mostly benefited. Some groups have given up on face to face meetings and plan to continue with the zoom like meetings in the future. Others enjoy the hybrid ones. The consensus was that these changes will be permanent.

The necessity of having a meeting room, or freedom from, really widens our opportunities.

There were discussions on financing. Some were having fund raisers, auctions or bake sales. Jeff plans on attending next year, it was energizing.

**Member-at-Large:** Andrea was thinking a Central Office Workshop was a good idea next year. As to her ongoing activities, she mentions the services available at CCCOI during the meetings she leads. She recently spoke at a south county Speaker meeting and they will be donating \$333.33 to CCCOI.

She attended various Zoom meetings and is available to attend others, she announces the NNL, web site and other CCCOI resources available. She also mentions the hours of the literature sales and the acceptance of Birthday and Group contributions.

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She mentions the importance of having a group Central Office Representative. (COR)  
She assists with Board and COR Zoom meetings with scheduling and document sharing.  
She informs of AA links where appropriate.  
She is helping with the office self-certification, and  
She assists with Board and COR Zoom meetings for scheduling and document sharing.

**Office Manager**, Roy W, (Roy Boy) see old business

**Volunteer Coordinator**, Chad C. Bob reported that our phone scheduling system had some glitches that have been fixed. It has turned out to be a life saver with our phone transfers.

**Newsletter Editor**, Judy, had nothing further to add but enjoyed Jeff's experience at the Central Office Workshop..

**Web Site:**

Bob reported we have the second computer in the Office up and running. We can now have two people working at the same time. Someone might be answering the phone and finding a 12 step person to talk with a caller while the Treasure can be working on the financial records.

Bob showed us a screen on our web site activity. It showed it was recently searched from 100 to 200 times a day. The majority of those requests involved the when and where of meetings.

**District 22 Convention;** Planning for the 2021 convention has begun. You can join this group at

- **District 22 Convention Planning Meeting 2<sup>nd</sup> Sunday every month 12 noon**  
Link: <https://zoom.us/j/435033231?pwd=U2dvNk9TclhtRXM5bU9laDV0UXk2dz09>  
Meeting ID: 435 033 231 Password: 000000 (6 zeros)

**Old Business;**

Bonnie gave a report on the reopening of the office.

We have plenty of masks, sanitizer, Lysol, and signs for reminders to wear a mask and social distancing posted.

The few volunteers we have who work in the office have been instructed on the new procedures of how to sanitiz upon arrival and exiting the office.

The Board discussed getting a medical grade single unit air filtration system for the Central Office. Cost approximately \$200. The Office Manager, Roy, will ask the landlord if they can provide one for us.

In addition, the Board discussed getting and using a no contact forehead thermometer to use on visitors or volunteers who enter the interior office. Cost approximately \$35, if ordered on-line. This was tabled to discuss when we are able to open for visitors and customers.

**New Business;**

Having the Central Office sponsor a Zoom subscription for group meetings and business meetings, that could use it. Bob said a years subscription for a zoom channel costs \$12/mo. His suggestion is that it would help those wishing to start a once a week meeting. The idea is the new group would say they wanted to start a new meeting every Thursday at 9:00am. We could assign that time slot, if available, and give them technical assistance on how to use it. This could also be used by the Central Office for our meetings, others H&I? or special study groups? Basically this would be a service to assist those wanting to provide "a meeting"

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Some discussion comments;

There would be a need for someone to schedule the meetings and provide technical assistance.

There would need to be a gap between meeting to allow time for individuals to join and leave each meeting (15-30 minutes?)

Something on the web site, an over view of the availability of this program, sign up sheet a directory of the meetings using the channel.

Existing groups wanting to switch to this, but recognizing a group with regular daily meetings could hog the space.

There would or could be only one meeting in each time slot.

A concern that offering a free use of the channel would be in violation of the 7<sup>th</sup> tradition (being self supporting) and how would this be different from giving out free meeting directories, or Nameless News Letters, or...

The Central Office is funded by the groups to support the groups. The once weekly meetings send in contributions too.

The sign up would be less private and could violate our anonymity traditions (11 and 12).

New York has channels dedicated for use by groups, if they have any statistics on some of the comments/concerns, it could be helpful to us.

This was tabled to allow the COR's to discuss with their separate groups.

9:50am, Being out of time a motion to adjourn by Janice/Bob, was approved and we did so with the I am responsibility pledge.

Respectfully Leonard Lenger

### Numbers and Links to Share with Your Groups

- **Central Coast Central Office Intergroup (C.C.C.O.I.), Area 93 – District 22**  
Office located at: 1333 Van Beurden Dr., Suite E-1, Los Osos, CA 93402  
Mailing address: PO Box 12737, San Luis Obispo, CA 93406  
Phone: 805-541-3211 Web: [www.sloaa.org](http://www.sloaa.org)
- **To Contribute to the Central Office** Our Venmo account is: [@slocentraloffice](https://venmo.com/@slocentraloffice)
- If donating for a group, please put the name of group, town, and group number if available. Or note if it is a contribution for a birthday or personal contribution.  
**Central Coast Intergroup Website** (which includes Online AA meetings and Face to Face meetings: <https://www.sloaa.org/>)
- **Literature Sales:** CCCOI is open for literature sales on EVERY Monday and Saturday from 1pm to 4pm from 1pm to 4pm for curbside pickup. Please call ahead **805-541-3211** on the same day to place an order. See the literature page on the website for current stock and price list <https://www.sloaa.org/aa-literature/>
- **Nameless Newsletter** Page including NNL  
Archives: <https://www.sloaa.org/resources/nameless-newsletter/>
- **Reopening & Self Certification from the San Luis Obispo website:**  
<https://www.emergencyslo.org/en/reopening.aspx>
- **Zoom link for the COR Meeting 2<sup>nd</sup> Sunday every month 8:45 AM**  
Link: <https://us02web.zoom.us/j/676772528?pwd=VmZXWGE1emtKcUV3bnlsMGJCSkdVUT09>  
Meeting ID: 676 772 528 Password: 817218