



Let's Use Them Wisely

“Nothing can matter more to the future welfare of AA than the manner in which we use this colossus of communication.” — Bill W., 1960

I have had amazing experiences already within virtual AA meetings, and over time I've come to the conclusion that there is very little difference between those and physical meetings—something that those members housebound or hospitalized with accessibility issues likely already know.

AA spoke about this very issue in a press release from the General Service Office titled “Physically Distanced but Digitally Connected: The Alcoholics Anonymous Message Carries on Amid Coronavirus”: “While many AA members are for the first time reporting the shift from in-person meetings to digital platforms, for many alcoholics around the world, remote connections and digital platforms are how they initially encountered and maintain their recovery in AA even prior to the pandemic.”

I've also noticed an enormous amount of newcomers gravitating to the Online Intergroup of AA, which makes perfect sense. After all, local meetings evolved online to keep connected and were shared by way of group dissemination—if one had no existing experience with AA, where else would one go?

Our cofounder Bill W. even made a wise observation as far back as November 1960 regarding technology changing the way we communicate in his Grapevine essay “Freedom Under God: The Choice is Ours”:

“A vast communication net now covers the earth, even to its remotest reaches. Granting all its huge public benefits, this limitless world

forum is nevertheless a hunting ground for all those who would seek money, acclaim and power at the expense of society in general. Here the forces of good and evil are locked in struggle. All that is shoddy and destructive contests all that is best.

“Therefore, nothing can matter more to the future welfare of AA than the manner in which we use this colossus of communication. Used unselfishly and well, the results can surpass our present imagination. Should we handle this great instrument badly, we shall be shattered by the ego demands of our own people—often with the best of intention on their part. Against all this, the sacrificial spirit of AA’s anonymity at the top public level is literally our shield and our buckler. Here again we must be confident that love of AA, and of God, will always carry the day.”

These virtual meetings are a blessing to the Fellowship during this unprecedented time. Let's use them wisely.

BY: SUSAN D.D. | PLYMOUTH, MICH.

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CCCOI Board of Directors and Staff

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Sobriety Birthdays



Name	Years
Chris C.	16
Janice E.	23
Kris B.	33
Seamus B.	36
Steve R.	38
Cliff H.	40
Mary P.	42



If you'd like to celebrate your sobriety birthday with us in the Nameless Newsletter send details to: NNLEditor@sloaa.org or send a donation (suggested \$1.00 per year of sobriety) in an (birthday) envelope and let us know if you'd like us to include it in the newsletter! Send to CCCOI, PO Box 6819, Los Osos, CA 93412-6819

****MEETING DIRECTORY CHANGES****

- List of meetings [ALL MEETINGS](https://www.sloaa.org) www.sloaa.org

How to submit changes to our Directory

1. Call Central Office (805-541-3211) and relay the change info to the volunteer.
2. Email the change info to: communications@sloaa.org
3. Access the meeting new/change forms online at <https://www.sloaa.org/meetings/>
4. Drop off at Central Office at 1333 Van Buerden Dr. Suite 102, Los Osos, CA 93412-6819.

**7TH TRADITION MAILING LIST
for GROUP TREASURERS
(Contributions)**

General Service Office (GSO)
P.O. Box 459
New York, NY. 10163-0459

Area 93
PMB #140606
606 Alamo Pintado #3
Solvang, Ca. 93463

District 22
P.O. Box 1891
San Luis Obispo, CA. 93406

Central Office Intergroup (CCCOI)
P.O. Box 6819
Los Osos, CA. 93412-6819
VENMO: @slocentraloffice

**Hospitals and Institutions (H&I)
Bridging the Gap**
P.O. Box 6819
Los Osos, CA 93412-6819



UPCOMING EVENTS

November 6, 10am-3pm
District 22 and CCCOI present
Service Luncheon and Delegate Report
962 Piney Way, Morro Bay, CA 93442
HYBRID Zoom ID: 844 3237 7639 PW: Service

December 9-12, 2021
2021 Stateline Retreat
"The Original Woodstock of AA"
Las Vegas, NV
<https://www.statelineretreat.org/>

April 22-24, 2022
San Simeon Campout
"We Absolutely Insist on Enjoying Life"
Hearst San Simeon State Park
Cambria, CA
Reservations:
<https://www.reservecalifornia.com>
Find us on FB "San Simeon Campout"

November: *Spirituality*

Step 11

Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.

Tradition 11

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

As Bill Sees It: 280

Spiritually Fit

Assuming we are spiritually fit, we can do all sorts of things alcoholics are not supposed to do. People have said we must not go where liquor is served; we must not have it in our homes; we must shun friends who drink; we must avoid moving pictures which show drinking scenes; we must not go into bars; our friends must hide their bottles if we go to their houses; we mustn't think or be reminded about alcohol at all. Our experience shows that this is not necessarily so.

We meet these conditions every day. An alcoholic who cannot meet them still has an alcoholic mind; there is something the matter with his spiritual status. His only chance for sobriety would be some place like the Greenland icecap, and even there an Eskimo might turn up with a bottle of Scotch and ruin everything!

TWELVE AND TWELVE, pp. 100-101
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December: *Service*

Step 12

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Tradition 12

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Central Office Intergroup Announcements

OUR MAILING ADDRESS HAS CHANGED: The new mailing address for CCCOI is: P. O. Box 6819, Los Osos, CA 93412-6819.

COVID UPDATE: CCCOI recommends that you periodically review the SLO County current restrictions and guidelines for safe operations for COVID19.

<https://www.emergencyslo.org/en/covid19.aspx>

OFFICE HOTLINE: Our Hotline is supported by volunteers answering the phone line 24 X 7 either in the office or from home. **(805) 541-3211**

OFFICE OPERATIONS: The CCCOI Office is open for business during these hours (Masks required):

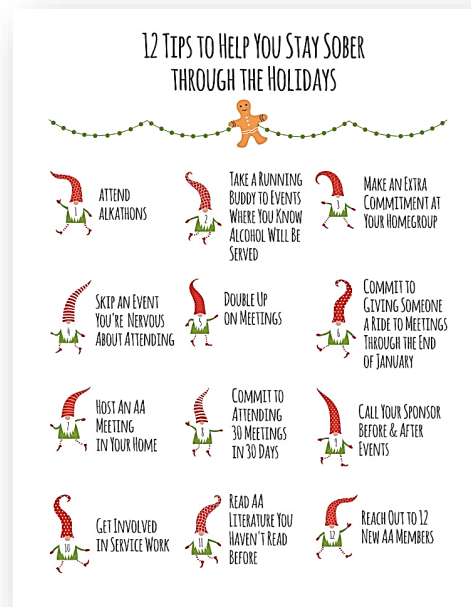
Monday–Friday	Noon – 6pm
Saturday	1pm – 4pm
Sunday	Closed

DONATIONS: You are welcome to drop off your donations at Central Office during our open hours. You can also make donations using our Venmo account: @slocentraloffice

MEETINGS: Our AA groups meet both online and in person. More information on all our meetings can be found on our website <https://www.sloaa.org/meetings>

OPEN POSITION: Newsletter Editor. If you're interested in putting together the Nameless Newsletter every other month (6 times per year), please contact nnleditor@sloaa.org at the Central Office, 805-541-3211.

Thank you for your cooperation in keeping our meeting listings current. Please contact us for any additional information or corrections/additions to our published information. 805-541-3211, or via email: info@sloaa.org



District 22: DCM Column

District 22 and The Central Coast Central Office Intergroup invites you to attend the 14th annual **Service Luncheon and Delegate Report Back** **Saturday, November 6, 2021, 10 AM – 3 PM**

There are two ways to attend:

- 1) By Zoom ID **844 3237 769**, Passcode: **Service**
- 2) In person at St. Timothy's Church
962 Piney Way, Morro Bay, CA 93442

There are perks for attending in person: You get a FREE lunch. It will be very likely we will have free copies of the 2021 Final General Service Conference Report (Hot off the press), and you get to meet our Area Delegate, Karla, in person. Karla will report back on her experience of attending the conference earlier this year and of some of the changes in store for A.A., including a Fifth Edition of the Alcoholics Anonymous book.

Here is the link to a PDF of the Final Conference Report:

<http://area93aa.046463e.netsolhost.com/wp-content/uploads/2021/08/71st-GSC-Final-Report-AP-English.pdf>

We will also have other service speakers telling how you can be of service for your home group, Central Office, District 22, the Convention Committee, Archives History Project, Hospitals & Institutions, and Bridging the Gap. Even if you cannot come in person, you can hear all these speakers on Zoom. If you come in person, masks are required.

In other news – at our next District 22 meeting on November 14, we will have elections for an Alternate District Committee Member (ADCM). This person would substitute for me as DCM if needed. Plus, they would help coordinate the Service Luncheon and Traditions Workshop in 2022. Some service experience and 4-5 years sobriety required.

We are also in need of a Treasurer for District 22. Some bookkeeping skills and knowledge of QuickBooks would be helpful. We can train for the QuickBooks software. Two years sobriety required.

Also at the Nov. 14 meeting, the Area 93 Officer, Tara, who serves as the Area Registrar will be visiting us. She will explain and answer questions about the new Group numbers.

At the November or December meeting we will hear reports back from Jazmine, who is our liaison for the Spanish speaking groups in District 06. She will be reporting on her attendance at the El Foro Assembly.

At the December 12 District meeting, Jeff L., our PI / CPC Liaison will give a report on his attendance at a professional community event, where he represented A.A.

Join us on the 2nd Sunday of the month (Service Sunday) Hybrid meeting 10:15 – 11:30 AM

In person at the **Alano Club 3075 Broad St., SLO**

Or via Zoom:

Meeting ID: 893 0392 6186 Password: 121212

Yours in Service,

Bonnie N, DCM District 22

district22dcm@gmail.com, (805) 550-8081

**DISTRICT 22 and
CENTRAL COAST CENTRAL OFFICE
INTERGROUP**

present

Free Lunch!  **Speakers!**


The 14th Annual
**SERVICE LUNCHEON
and
DELEGATE REPORT**

**Saturday, November 6, 2021
10:00AM - 3:00PM**

Learn how to be of Service!

Zoom or In The Room

 **Zoom ID: 844 3237 7639**
Passcode: Service

- OR -

ST. TIMOTHY'S CHURCH
962 Piney Way
Morro Bay, CA 93442


Masks Required

Please RSVP Christine S. christinespane19@gmail.com
(805) 481-1721