

Coast Central Office Intergroup (CCCOI) Central Office Representative (COR) Meeting 7/9/2023

Meeting held via Zoom <https://zoom.us/j/95801240779>

<i>Present</i>	<i>name</i>	<i>position</i>
X	Dick B	Board Chair
X	Jon K	Board Vice-Chair
X	Debbie P	Board Secretary
X	Susan L	Board Treasurer
X	Doug E	Board Literature Chair
	Matt K	Board Communications Chair
X	Jim D	Board Member-At-Large
	Jon O	Staff Central Office Manager
	Open	Volunteer Coordinator
	Judy G	Staff Newsletter Editor/Webmaster
X	Jim D	Convention

COR Members attending

<i>Present</i>	<i>Name</i>	<i>Group/Meeting</i>
	Anna P	Mesa Group
X	Kathe R	Sense of Belonging
X	Paul L	Sunday Evening RAP Group
	Juliana E	Sat Women's Group
X	Katie R	Pioneer Group
	Kim S	Serenity Group
	Linda W	Home Girls BB, LO Women's
	Lisa S	Fredericks Friday Speaker, Los Osos Unity
X	Lori O	Tues Living the Steps
X	Vanessa S	ABC Group
	Paul O	Avila Beach Group
X	Bob R	Early Risers
X	Shelly B	Women's Big Book
	Debbie L	5 Cities Group
	Mike	Morro Bay Morning Fantastic
	Alex	Sat Morning Women's Morro Bay

Call to order with our Serenity Prayer.

Tradition Seven: Every A.A. group ought to be fully self-supporting, declining outside contributions

June AA Birthdays – None

BOARD REPORTS

Chairperson: Dick B

- Dick announced that we are still looking for a Volunteer Coordinator
- We have 2 new volunteers, however we are looking for more volunteers

- Dick stated that birthday envelopes are available at the CO and asked that we spread the word that the birthday envelopes are a form of giving back. Traditionally people give \$1 for every year of sobriety on their birthday. Also, the envelopes are a way Judy can get the birthdays into the Nameless Newsletter
- Dick also suggested that COR members invite Jim D, our Member at Large, to their meetings. He can bring literature, directories and birthday envelopes

Vice-Chair: Jon K

- Jon stated that the meeting was on 6/11/23 and there were 10 GSR's in attendance
- Area 93 Chairman Rudy M visited via Zoom and talked about Area 93 happenings. There is a new treasurer and they are working on improving the technical end of Zoom meetings
- On 8/13/23 there will be a GSR Workshop on Zoom, GSR's from the District are encouraged to attend the workshop instead of the Dist. 22 meeting
- Donations and balances are doing okay
- Still need a Registrar and an ADCM
- The CPCPI, Paul L, is active getting out into the community
- SLOPYPAA is very active. The 1st Sunday of the month they have a get together at Meadow Park. Their business meetings are the 1st & 3rd Sundays of the month at 7p at Melody. There also will be a SLOPYAA campout at Lopez Lake on 8/18-8/20/23
- Jon was asked what a GSR is. He stated that they are very similar to COR reps in that they represent the meeting but they represent on a District and Area level going all the way up to General Services in New York. GSR's also have a vote to the GSO level

Secretary: Debbie P

- Debbie stated that the meeting minutes from 6/11/2023 was sent out and asked if there were any questions or concerns
- Susan made a motion to accept the minutes and Lori seconded, all approved

Treasurer: Susan L

- The checking account balance is \$29,685.62 & the prudent reserve is \$16,283.39 (which is invested into CD's)
- Group contributions are Jan-June 2023=\$12,809.75
- Lori made a motion to accept the Treasurer's report, Jon seconded and approved

Literature: Doug E

- Doug stated that inventory looked good except that we are out of Big Books and he placed an order which should arrive in a week or two
- The pamphlet P-3 has been on back order for awhile

Communication: Matt (not present)

- Dick said that Matt is doing a great job learning the telephone forwarding system. Dick provides him with the schedule and Matt makes sure they get forwarded to the volunteers

Member at Large: Jim D

- Jim reported that he attended the Thursday 5:30 Laguna Lake meeting. He stated that he needs to get down to the south coast meetings
- Jim said that he has been getting Newcomer Packets to meetings and will take birthday envelopes as well
- If anyone would like to invite him to their meeting you can text Jim at 805-748-1485

STAFF REPORTS

Office Manager: Jon O -Not Present

- Dick stated that Jon is doing a good job as the office is clean and well stocked

Newsletter Editor: Judy – Not Present

- Judy has released the new edition of the Nameless Newsletter and is available at CO

Volunteer Coordinator: Open

Convention Liaison: Bob R

- The 56th Annual Central Coast convention will be held at the SLO Veteran's Hall 8/25-27. The theme this year is Sharing Experience, Strength and Hope. Registration is open on the website at www.myd22.org
- COR Board decided to help with selling raffle tickets and 100% of the proceeds will go to the convention
- Bob stated that 191 have registered so far and we need to spread the word to go online and register
- There will be speaker meetings, marathon meetings 7a Saturday-8a Sunday (go to myd22.org to sign up to lead a meeting), AIAnon luncheon, Saturday BBQ and lots more
- They need volunteers and you can sign up on the website

COR Members Updates

- Bob – Early Risers – Concurrently having 2 meetings. 7am in-person at the LO Community Center which has 15-20 attendees. And 7am Zoomster meeting with 35-40 attendees
- Vanessa – ABC Group Paso Robles-Vanessa said that they are doing okay and the temporarily location is at Vines RV Resort, 88 Wellsona Road, PR. They are still looking to find a more permanent location, if anyone knows of any possibilities please text Vanessa at 805-706-0607. Vanessa stated that attendance went down a bit after the move
- Paul L-Sunday Evening Rap Group- The meeting is Hybrid and is going well. The attendance in-person has been increasing
- Katie – Pioneer Group – They are doing well financially and have been contributing. They finally got an Events Coordinator and the next event will be Labor Day
- Kathe – Sense of Belonging in Los Osos – Kathe said the meeting is going well with 15-20. She inquired why their contributions are not listed, Susan will look into the issue
- Shelly – Cambria Saturday Morning Women's – The Saturday meeting is changing from a closed meeting to an open meeting hoping to get more attendance. The Wednesday noon meeting split into Zoom and in-person
- Lori – Tuesday Women's Group on Zoom – The meeting is doing really well and attendance is

picking up. They have been contributing

- Susan – Temp COR for Harbor Lights – Meetings are very well attended. Have a lot of newcomers which makes it difficult to get secretary positions filled with 6 months of sobriety

Next COR meeting August 13, 2023 at 8:45am <https://zoom.us/j/95801240779>

The meeting was adjourned at 9:25 AM and closed with the Responsibility Pledge – “I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible”.

Respectfully Submitted,
Debbie P

Numbers and Links to Share with Your Groups

Central Coast Central Office Intergroup (C.C.C.O.I.), Area 93 – District 22

Office located at: 1333 Van Beurden Dr., Suite 102, Los Osos, CA 93402

Mailing address: PO Box 6819, Los Osos, CA 93412-6819

Phone: 805-541-3211 Web: www.sloaa.org

To Contribute to the Central Office Our Venmo account is: @slocentraloffice If donating for a group, please put the name of group, town, and group number if available or note if it is a contribution for a birthday or personal contribution.

- **Central Coast Intergroup Website** (which includes Online AA meetings and Face to Face meetings: <https://www.sloaa.org/>)
- **Literature Sales:** CCCOI is open for literature sales from 12 Noon to 6 PM weekdays and 1PM to 4 PM Saturday. See the literature page on the website for current stock and prices at <https://www.sloaa.org/aa-literature/>
- **Nameless Newsletter** <https://www.sloaa.org/resources/nameless-newsletter/>
- **SERVICE SUNDAY – Second Sunday of each month:**
 - **COR MEETING**
 - Time: 8:45 AM
 - Link: <https://zoom.us/j/95801240779>
 - Meeting ID: 958 0124 0779
 - Password: No Password
 - **DISTRICT 22 COMMITTEE** (GSR Meetings)
 - Time: 10:15 AM
 - Link: <https://us02web.zoom.us/j/89303926186?pwd=TI13OHdGNWIIZXhvM2RQM0FiR2dLUT09>
 - Meeting ID: 882 792 580 44
 - Password: d22gsr
 - **DISTRICT 22 CONVENTION PLANNING**
 - Time: 12 Noon
 - Link: <https://zoom.us/j/435033231?pwd=U2dvNk9TclhtRXM5bU9laDV0UXk2dz09>, Password 000000 (6 zeros) Meeting ID 435033231