

SAN LUIS OBISPO COUNTY, CA
CENTRAL COAST CENTRAL OFFICE INTERGROUP



AREA 93 DISTRICT 22
ALCOHOLICS ANONYMOUS



***DIRECTORY OF In Person MEETINGS as of
March 14, 2025***

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership. We are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

**Central Coast Central Office
Intergroup (CCCOI)**
1333 Van Beurden Drive
Los Osos, CA 93402

Website:
<https://www.sloaa.org>

Mailing Address:
PO Box 6819
Los Osos, CA 93412-6819



ABBREVIATIONS

C Closed: ALCOHOLICS ONLY
CH..... Church
HY..... Hybrid Meeting
IP In Person Meeting
LGBTQ+..... Lesbian, Gay, Bisexual, Trans, Queer, +
M..... Men's Meeting
O..... Open: All welcome
SP..... Spanish Speaking
SPKR..... Speaker Meeting
W Women's Meeting
WA..... Wheelchair Access

CCCOI HOTLINE: (805) 541-3211

NOTE: For the most current meeting schedule Use the QR code above to access the full Meeting Listing online. At the top of the listing are 2 buttons, one of which produces a hardcopy of the In Person Meetings on a personal printer.

Arroyo Grande					
7:00 AM	Sun	Big Book Study	5 Cities Group	781 Calle Bendita	HY,1hr
8:30 AM	Sun	Men's Stag	5 Cities Group	781 Calle Bendita	IP,1hr, M
8:30 AM	Sun	Men's Stag	Mesa Group	564 Mesa View Dr	IP,1hr, M
12:00 PM	Sun	Newcomers Q&A	5 Cities Group	781 Calle Bendita	HY,1hr,O,N
12:00 PM	Sun	Big Book @ Heritage Park	Heritage Park	Nelson St	IP,1hr
7:00 AM	Mon	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr
7:00 AM	Mon	Big Book Study	Mesa Group	564 Mesa View Dr	IP,1hr
12:00 PM	Mon	Daily Reflections	5 Cities Group	781 Calle Bendita	HY,1hr
12:00 PM	Mon	Daily Reflections	Mesa Group	564 Mesa View Dr	IP,1hr
5:30 PM	Mon	Topic Meeting	5 Cities Group	781 Calle Bendita	HY,1hr
5:30 PM	Mon	Mesa Group Women's 12x12	Mesa Group	564 Mesa View Dr	IP,W,1hr,WA
7:00 PM	Mon	Men's Stag LTL, Learning to live Alcoholism	Mesa Group	564 Mesa View Dr	IP,1hr,M
7:00 AM	Tue	Stick Meeting	5 Cities Group	781 Calle Bendita	HY,1hr
7:00 AM	Tue	As Bill Sees It	Mesa Group	564 Mesa View Dr	IP,1hr
12:00 PM	Tue	Open Discussion	5 Cities Group	781 Calle Bendita	HY,1hr
12:00 PM	Tue	Stick Meeting	Mesa Group	564 Mesa View Dr	IP,1hr
12:00 PM	Tue	Women's Big Book Study	St. Barnabas' Episcopal Church	301 Trinity Ave	IP,1hr, W
5:30 PM	Tue	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr
5:30 PM	Tue	12 Steps & 12 Traditions	Mesa Group	564 Mesa View Dr	IP,1hr
7:00 PM	Tue	Men's Stag	Mesa Group	564 Mesa View Dr	IP,90min, M, C
7:00 AM	Wed	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr
7:00 AM	Wed	Mesa Group - 12 x 12	Mesa Group	564 Mesa View Dr	IP,1hr
12:00 PM	Wed	Big Book study/Topic meeting	5 Cities Group	781 Calle Bendita	IP,1hr
5:30 PM	Wed	Back to the 40's	5 Cities Group	781 Calle Bendita	HY,1hr
5:30 PM	Wed	Daily Reflections	Mesa Group	564 Mesa View Dr	IP,1hr
7:00 AM	Thu	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr
7:00 AM	Thu	Plain Language Big Book Study	Mesa Group	564 Mesa View Dr	IP,
12:00 PM	Thu	As Bill Sees It	5 Cities Group	781 Calle Bendita	HY,1hr
12:00 PM	Thu	Mesa Group	Mesa Group	564 Mesa View Dr	IP,1hr
5:30 PM	Thu	Thursday Women's Meeting	5 Cities Group	781 Calle Bendita	HY,1hr
5:30 PM	Thu	Mesa Group	Mesa	564 Mesa View Dr	
7:00 PM	Thu	LGBT and Q	5 Cities Group	781 Calle Bendita	HY,LGBTQ+,SPKR
7:00 PM	Thu	Women's Big Book Study	Mesa Group	564 Mesa View Dr	IP,1hr, W,C
7:00 AM	Fri	12 x 12 Book Study	5 Cities Group	781 Calle Bendita	HY,1hr
7:00 AM	Fri	Living Sober	Mesa Group	564 Mesa View Dr	IP,1hr
12:00 PM	Fri	Chip Meeting	5 Cities Group	781 Calle Bendita	HY,1hr
12:00 PM	Fri	Leader Shares & Chip Meeting	Mesa Group	564 Mesa View Dr	IP,1hr
5:30 PM	Fri	Chip Meeting	Mesa Group	564 Mesa View Dr	IP,1hr
7:00 PM	Fri	5 Cities Speaker (2nd Friday)	5 Cities Group	781 Calle Bendita	HY,150min
7:00 PM	Fri	Birthday Meeting (Last Friday)	5 Cities Group	781 Calle Bendita	IP,90min,SPKR
7:00 AM	Sat	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr
12:00 PM	Sat	12x12 Study	5 Cities Group	781 Calle Bendita	HY,1hr
7:00 PM	Sat	Mesa Birthday Meeting (Last Saturday)	Mesa Group	564 Mesa View Dr	IP,90min
7:00 PM	Sat	Mesa SPKR/Potluck@6 (2nd Sat)	Mesa Group	564 Mesa View Dr	IP,SPKR
7:00 PM	Sat	Speaker Meeting (South County)-First Saturday Only	St Johns Lutheran Church	959 Valley Rd	IP,90min

Atascadero					
10:00 AM	Sun	Sun AM Coming Down	Atascadero Home	8600 Atascadero Ave	IP,1hr
10:00 AM	Sun	Serenity Sisters	Atascadero Senior Center	5905 E Mall	IP,1hr, W
6:00 PM	Sun	Atascadero Speaker's Meeting	Atascadero Home	8600 Atascadero Ave	IP,1hr,SPKR
7:00 AM	Mon	Attitude Adjustment	Atascadero Home	8600 Atascadero Ave	IP,1hr
12:00 PM	Mon	Miracles of Recovery	Community Church of Atascadero	5850 Rosario Ave	IP,1hr
5:30 PM	Mon	Monday Nite Group	Atascadero Grange Hall	5035 Palma Ave	IP,1hr,WA
6:00 PM	Mon	Men's Big Book/12x12 Study	Dove Creek Church	9333 Santa Barbara Rd	IP,90 min,M,C
8:15 PM	Mon	Ghost Town	Atascadero Home	8600 Atascadero Ave	IP,1hr,YP
7:00 AM	Tue	Atascadero Start Right Too	ABC Church	6225 Atascadero Ave	IP,1hr,C
5:30 PM	Tue	End of the Line	Atascadero Grange Hall	5035 Palma Ave	IP,1hr,M
5:30 PM	Tue	Step Sisters Step Study	Atascadero Home	8600 Atascadero Ave	IP,1hr,W,C
8:00 PM	Tue	Surrender To Win	St. Luke's Episcopal Church	5318 Palma Ave	IP,75min,YP,WA
7:00 AM	Wed	On Awakening	Atascadero Home	8600 Atascadero Ave	IP,1hr

Atascadero (continued)

12:00 PM	Wed	Miracles of Recovery	Community Church of Atascadero	5850 Rosario Ave	IP,1hr
7:00 PM	Wed	Anonymous #3	Community Church of Atascadero	5850 Rosario Ave	IP,1hr
7:00 AM	Thu	Start Right Group	Atascadero Bible Church	6225 Atascadero Mall	IP,1hr.C
5:30 PM	Thu	Freedom Sisters - Daily Reflections	Atascadero Home	8600 Atascadero Ave	IP,1hr, W
7:00 PM	Thu	Study Group	Atascadero United Methodist Church	11605 El Camino Real	IP,1hr
7:00 PM	Thu	Night School for Living (Men's Stag)	Community Church of Atascadero	5850 Rosario Ave	IP,90min, M
7:00 AM	Fri	Early Birds Book Study	Atascadero Home	8600 Atascadero Ave	IP,1hr
12:00 PM	Fri	Miracles of Recovery	Community Church of Atascadero	5850 Rosario Ave	IP,1hr
5:30 PM	Fri	The Trudging Herd	Atascadero United Methodist Church	11605 El Camino Real	IP,1hr
7:00 PM	Fri	Friday Night Group	Dove Creek Church	9333 Santa Barbara Rd	IP,1hr
7:30 AM	Sat	Sat. Morning-Women	Atascadero Bible Church	6225 Atascadero Mall	IP,1hr, W
10:00 AM	Sat	No Nonsense Group	Atascadero Home	8600 Atascadero Ave	IP,90min, M.C
10:00 AM	Sat	Stand and Deliver	Dove Creek Church	9333 Santa Barbara Rd	IP,1hr, M.C
12:00 PM	Sat	Dynamite Group	Atascadero United Methodist Church	11605 El Camino Real	IP,1hr
6:00 PM	Sat	All Welcome Group	Dove Creek Church	9333 Santa Barbara Rd	IP,1hr

Avila Beach

7:00 PM	Sun	11th Step Meditation	Avila Beach Group	191 San Miguel St	IP,1hr
7:00 PM	Wed	Big Book Study	Avila Beach Group	191 San Miguel St	IP,1hr
7:00 PM	Thu	Avila Beach 12x12	Avila Beach Group	191 San Miguel St	IP,
9:00 AM	Sat	Daily Reflections	Avila Beach Group	191 San Miguel St	IP,1hr

Cambria

8:30 AM	Sun	Slabtown Stag	Cambria Connection	1069 Main St	HY,1hr
12:00 PM	Mon	Grapevine	Cambria Connection	1069 Main St	IP,1hr
6:00 PM	Mon	Pine Cellar Group Big Book Study	Cambria Connection	1069 Main St	HY,1hr
7:00 AM	Tue	Morning Reflection	Cambria Connection	1069 Main St	HY,1hr
6:00 PM	Tue	Attitude Adjustment	Cambria Connection	1069 Main St	HY,1hr
12:00 PM	Wed	As Bill Sees It	Cambria Connection	1069 Main St	IP,1hr.C
12:00 PM	Wed	As Bill Sees It	St.Pauls Episcopal Church	2700 Eton Rd	IP,1hr, W,C
6:00 PM	Thu	Attitude Adjustment	Cambria Connection	1069 Main St	HY,1hr
7:30 PM	Fri	Cambria Friday Night Candlelight & Dinner	Cambria Connection	1069 Main St	HY,90min
8:30 AM	Sat	Good Stuff West	Cambria Connection	1069 Main St	HY,1hr,C
9:30 AM	Sat	Cambria Saturday Book Study	St.Pauls Episcopal Church	2700 Eton Rd	IP,1 hr,O
7:00 PM	Sat	Speaker Meeting - Fourth Saturday Only	Santa Rosa Catholic Church	1174 Main St	IP,90min

Cayucos

5:30 PM	Mon	Cayucos Group	Cayucos Group	396 S Ocean Ave	HY,1hr
6:30 PM	Tue	Cayucos Girlfriend's Mtg	Cayucos Group	396 S Ocean Ave	IP,1hr, W
5:30 PM	Wed	Sandy Bottom Beach Bums	Sandy Bottom Beach Bums	10 Cayucos Dr	IP,1hr

Creston

5:30 PM	Wed	No Big Deals	Creston Group	5170 O'Donovan Rd	IP,1hr
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Grover Beach

5:30 PM	Sun	Big Book Study	Serenity Group	555 S 13th St suite g	IP,1hr
7:00 PM	Sun	Step Study	Serenity Group	555 S 13th St suite g	IP,1hr
6:45 AM	Mon	Grapevine Discussion	Serenity Group	555 S 13th St suite g	IP,1hr
12:00 PM	Mon	Open Format	Serenity Group	555 S 13th St suite g	IP,1hr
5:30 PM	Mon	Open Forum	Serenity Group	555 S 13th St suite g	IP,1hr
6:45 AM	Tue	Daily Reflections Study	Serenity Group	555 S 13th St suite g	IP,1hr
12:00 PM	Tue	As Bill Sees It	Serenity Group	555 S 13th St suite g	IP,1hr
5:30 PM	Tue	Daily Reflections	Serenity Group	555 S 13th St suite g	IP,1hr
7:00 PM	Tue	Gentleman's Meeting	Serenity Group	555 S 13th St suite g	HY,1hr,C,M
6:45 AM	Wed	Newcomer's Meeting	Serenity Group	555 S 13th St suite g	IP,1hr
12:00 PM	Wed	Open Format	Serenity Group	555 S 13th St suite g	IP,1hr
5:00 PM	Wed	Gryphon Men's	Gryphon House	444 N 4th St	IP,1hr
5:30 PM	Wed	Open Format	Serenity Group	555 S 13th St suite g	IP,1hr
6:45 AM	Thu	Living Sober Book Study	Serenity Group	555 S 13th St suite g	IP,1hr
12:00 PM	Thu	Open Format	Serenity Group	555 S 13th St suite g	IP,1hr
5:30 PM	Thu	Cross Talk Format	Serenity Group	555 S 13th St suite g	IP,1hr
6:45 AM	Fri	As Bill Sees It Discussion	Serenity Group	555 S 13th St suite g	IP,1hr
12:00 PM	Fri	Open Format	Serenity Group	555 S 13th St suite g	IP,1hr

Grover Beach (continued)					
5:30 PM	Fri	Big Book Study	Serenity Group	555 S 13th St suite g	IP,1hr
8:00 AM	Sat	Stick Meeting	Serenity Group	555 S 13th St suite g	IP,1hr
12:00 PM	Sat	Literature Meeting	Serenity Group	555 S 13th St suite g	IP,1hr
5:30 PM	Sat	12x12 Step Study	Serenity Group	555 S 13th St suite g	IP,1hr
Los Osos					
7:00 AM	Mon	Early Risers Big Book Study	South Bay Community Center	2180 Palisades Ave	IP,1hr,WA
7:00 PM	Mon	South Bay Group	Los Osos First Baptist Church	1900 Los Osos Valley Rd	IP,1hr
7:00 AM	Tue	Early Risers - As Bill Sees It	South Bay Community Center	2180 Palisades Ave	IP,1hr
12:00 PM	Tue	Los Osos Unity	Trinity United Methodist Church	490 Los Osos Valley Rd	IP,1hr
7:00 AM	Wed	Early Risers Step Study	South Bay Community Center	2180 Palisades Ave	IP,1hr,C,WA
7:00 PM	Wed	Open Door Group	Trinity United Methodist Church	490 Los Osos Valley Rd	IP,1hr,WA
7:00 AM	Thu	Early Risers Daily Reflections	South Bay Community Center	2180 Palisades Ave	IP,1hr,WA
12:00 PM	Thu	Los Osos Unity	Trinity United Methodist Church	490 Los Osos Valley Rd	IP,1hr
5:30 PM	Thu	A Sense of Belonging Women's Group	St Elizabeth Ann Seton	2050 Palisades Ave	IP,W
7:00 AM	Fri	Early Risers Men's Stag	South Bay Community Center	2180 Palisades Ave	IP,1hr, M
7:00 AM	Sat	Early Risers Daily Reflections	South Bay Community Center	2180 Palisades Ave	IP,1hr, WA
Morro Bay					
7:00 AM	Sun	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA
10:30 AM	Sun	11th Step Group	Odd Fellows Hall	710 Harbor St	IP,90min, WA
7:00 PM	Sun	Rock Group	Odd Fellows Hall	710 Harbor St	IP,1hr, WA
7:00 AM	Mon	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA
12:00 PM	Mon	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90min,WA
5:30 PM	Mon	Harbor Lites Men Only	Odd Fellows Hall	710 Harbor St	IP,M,O,D
8:00 PM	Mon	Morro Bay Young People	Odd Fellows Hall	710 Harbor St	IP,75min,YP,WA
7:00 AM	Tue	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA
12:00 PM	Tue	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90min,WA
12:05 PM	Tue	Options - 12 x 12	Calvary Lutheran Church	480 Monterey Ave	IP,90min
5:30 PM	Tue	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,1hr,WA
6:00 PM	Tue	Morro Bay Recovery	Morro Bay Recovery	2460 Main St	IP,D,O,WA
7:00 PM	Tue	12X12 Step Study	Odd Fellows Hall	710 Harbor St	IP,1hr
8:00 PM	Tue	Morro Bay Men's Stag	Esteros Bay United Methodist	3000 Hemlock Ave	IP,90min, M
7:00 AM	Wed	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA
12:00 PM	Wed	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90min,WA
12:05 PM	Wed	Options - Big Book Study	Calvary Lutheran Church	480 Monterey Ave	IP,90min
7:00 AM	Thu	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA
12:00 PM	Thu	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90min,WA
12:05 PM	Thu	Options - Daily Reflections	Calvary Lutheran Church	480 Monterey Ave	IP,90min
5:30 PM	Thu	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,1hr,WA
7:00 AM	Fri	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA
12:00 PM	Fri	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90min,WA
5:30 PM	Fri	Came to Believe Living Sober Big Book Study	Odd Fellows Hall	710 Harbor St	IP,1hr, WA
7:00 AM	Sat	Steps to Attitude Adjustment	Odd Fellows Hall	710 Harbor St	IP,1hr, WA
9:30 AM	Sat	Sat. Women's Group	Calvary Lutheran Church	480 Monterey Ave	IP,1hr, W
12:00 PM	Sat	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90min, WA
7:30 PM	Sat	Speaker Meeting - Second Saturday Only	St. Timothy Roman Catholic Church	962 Piney Way	IP,90min
Nipomo					
6:30 PM	Mon	Nipomo Foothills Group	200 E. Dana St. Nipomo	200 E Dana St	IP,1hr
7:00 PM	Mon	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90min,C,SP
7:00 PM	Tue	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90min, C,SP
11:30 AM	Wed	Nipomo Open/Discussion	200 E. Dana St. Nipomo	200 E Dana St	IP,O,D
7:00 PM	Wed	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90min, SP,C
7:00 PM	Thu	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90min,C,SP
7:00 PM	Fri	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90min, SP,C
Oceano					
7:00 AM	Sun	Village Group	Village Group	1687 Front St	IP,1hr
10:00 AM	Sun	Village 11th Step	Village Group	1687 Front St	IP,O
6:00 PM	Sun	Village Group	Village Group	1687 Front St	IP,1hr
7:00 AM	Mon	Village Group	Village Group	1687 Front St	IP,1hr

Oceano (continued)

12:00 PM	Mon	Village Group	Village Group	1687 Front St	IP,1hr,C
6:00 PM	Mon	Literature Meeting	Village Group	1687 Front St	IP,
7:00 AM	Tue	Village Group	Village Group	1687 Front St	IP,1hr
12:00 PM	Tue	Village Group	Village Group	1687 Front St	IP,1hr,C
6:00 PM	Tue	12 x 12 Book Study	Village Group	1687 Front St	IP,1hr
7:30 PM	Tue	Village Group	Village Group	1687 Front St	IP,1hr, W
7:00 AM	Wed	Village Group	Village Group	1687 Front St	IP,1hr
12:00 PM	Wed	12 x 12 Book Study	Village Group	1687 Front St	IP,1hr.C
6:00 PM	Wed	Big Book Study	Village Group	1687 Front St	IP,1hr
7:00 AM	Thu	Village Group	Village Group	1687 Front St	IP,1hr
12:00 PM	Thu	Dr. Bob and the Good Oldtimers	Village Group	1687 Front St	IP,1hr.C
6:00 PM	Thu	Newcomer's Meeting	Village Group	1687 Front St	IP,NC,O,1hr
8:00 PM	Thu	Village Group	Village Group	1687 Front St	IP,90min, SP
7:00 AM	Fri	Village Group	Village Group	1687 Front St	IP,1hr
12:00 PM	Fri	As Bill Sees It	Village Group	1687 Front St	IP,1hr,C
6:00 PM	Fri	Men's Stag but ladies welcomed	Village Group	1687 Front St	IP,C
7:00 AM	Sat	Village Group	Village Group	1687 Front St	IP,1hr
10:00 AM	Sat	Village Group	Village Group	1687 Front St	HY,1hr
6:00 PM	Sat	5 Cities Beach Bonfire Meeting	Oceano, Ca	100 Pier Ave	IP,1hr

Paso Robles

8:00 AM	Sun	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
8:00 AM	Sun	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90min, SP
12:00 PM	Sun	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
4:00 PM	Sun	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
5:30 PM	Sun	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
7:00 AM	Mon	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
12:00 PM	Mon	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
5:30 PM	Mon	12 x 12 Book Study	A-B-C Group	1916 Creston Rd #400	IP,1hr
8:00 PM	Mon	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90min, SP
7:00 AM	Tue	12 x 12 Book Study	A-B-C Group	1916 Creston Rd #400	IP,1hr
12:00 PM	Tue	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
5:30 PM	Tue	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
5:30 PM	Tue	Sobriety Sisters	Sobriety Sisters	1301 Oak St	IP,C,W
8:00 PM	Tue	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90min,W,C
7:00 AM	Wed	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
12:00 PM	Wed	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
5:30 PM	Wed	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
8:00 PM	Wed	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90min
7:00 AM	Thu	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
12:00 PM	Thu	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
5:30 PM	Thu	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
5:30 PM	Thu	Sobriety Sisters	Sobriety Sisters	1301 Oak St	IP,1hr, W, C
8:00 PM	Thu	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90min
7:00 AM	Fri	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
12:00 PM	Fri	12 x 12 Book Study	A-B-C Group	1916 Creston Rd #400	IP,1hr
5:30 PM	Fri	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
8:00 PM	Fri	Young People's Meeting	A-B-C Group	1916 Creston Rd #400	IP,1hr
8:00 PM	Fri	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90min
8:00 AM	Sat	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
12:00 PM	Sat	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
7:00 PM	Sat	Easy Does it Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
8:00 PM	Sat	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90min

San Luis Obispo

7:30 AM	Sun	AA Grapevine Meeting	Alano Club	3075 Broad St	IP,1hr
9:00 AM	Sun	Melody Group	Melody Group (Suite F)	265 South St F	IP,1hr
10:00 AM	Sun	Sunday Morning Speakers Group	Middlehouse	2939 Augusta St	IP,1hr,SPKR
10:15 AM	Sun	GSR Meeting (District 22)	Alano Club	3075 Broad St	HY,1hr
12:00 PM	Sun	Pioneer Group	Alano Club	3075 Broad St	IP,1hr

San Luis Obispo (continued)

12:00 PM	Sun	Convention Planning Meeting (District 22)	Melody Group (Suite F)	265 South St F	IP,1hr
5:00 PM	Sun	Laguna Lake Meeting	Laguna Lake Meeting	11245 Los Osos Valley Rd	IP,1hr
5:15 PM	Sun	Dulce Melodia	Melody Group (Suite F)	265 South St F	IP,D,O,S,WA
5:30 PM	Sun	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
7:00 PM	Sun	Sunday Eve Rap Group	Sunday Eve Rap Group	1060 Palm St	HY,1hr,LGBTQ
7:00 PM	Sun	11 Step Meditation	Melody Group (Suite F)	265 South St F	IP,1hr
7:30 AM	Mon	Sunrise Group	Alano Club	3075 Broad St	IP,1hr,LGBTQ
9:00 AM	Mon	12 X 12 Book Study	Melody Group (Suite F)	265 South St F	IP,1hr
12:00 PM	Mon	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
12:00 PM	Mon	Nooner in the Park	Meadow Park	Meadow Park	IP,1hr
5:30 PM	Mon	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
5:30 PM	Mon	Melody 5:30pm	Melody Group (Suite F)	265 South St F	IP,1hr
6:30 PM	Mon	Double Winners-Women in Recovery	Melody Group (Suite F)	265 South St F	IP,C, W, WC
7:30 AM	Tue	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
9:00 AM	Tue	Big Book Study	Melody Group (Suite F)	265 South St F	IP,1hr
12:00 PM	Tue	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
12:00 PM	Tue	Nooner in the Park	Meadow Park	Meadow Park	IP,1hr
4:00 PM	Tue	Students for Recovery	Students for Recovery	1 Grand Ave	IP,1hr
5:30 PM	Tue	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
5:30 PM	Tue	Men's Stag	Melody Group (Suite F)	265 South St F	IP,1hr
8:00 PM	Tue	Big Book Study	Alano Club	3075 Broad St	IP,1hr
7:30 AM	Wed	Sunrise Group	Alano Club	3075 Broad St	IP,1hr
9:00 AM	Wed	As Bill Sees It	Melody Group (Suite F)	265 South St F	IP,1hr
12:00 PM	Wed	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
12:00 PM	Wed	Nooner in the Park	Meadow Park	Meadow Park	IP,1hr
5:30 PM	Wed	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
6:00 PM	Wed	Milk and Whiskey	Melody Group (Suite F)	265 South St F	IP,1hr
6:30 PM	Wed	Primary Purpose	Children's Center	1344 Nipomo St	IP,1hr
7:30 PM	Wed	Melody Group	Melody Group (Suite F)	265 South St F	IP,1hr,LGBTQ
8:00 PM	Wed	Newcomers Meeting	Alano Club	3075 Broad St	IP,1hr, YP,C
7:30 AM	Thu	Living Sober Book Study	Alano Club	3075 Broad St	IP,1hr
9:00 AM	Thu	Daily Reflections	Melody Group (Suite F)	265 South St F	IP,1hr
12:00 PM	Thu	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
12:00 PM	Thu	Nooner in the Park	Meadow Park	Meadow Park	IP,1hr
5:30 PM	Thu	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
5:30 PM	Thu	Chip Meeting	Melody Group (Suite F)	265 South St F	IP,1hr
6:30 PM	Thu	Middlehouse AA Book Study	Middlehouse	2939 Augusta St	IP,1hr
7:00 PM	Thu	Back to Basics	Children's Center	1344 Nipomo St	IP,1hr
8:30 PM	Thu	Young People in AA	Melody Group (Suite F)	265 South St F	IP,1hr
7:30 AM	Fri	12 Steps & 12 Traditions Book Study	Alano Club	3075 Broad St	IP,1hr
9:00 AM	Fri	Daily Reflections	Melody Group (Suite F)	265 South St F	IP,1hr
12:00 PM	Fri	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
12:00 PM	Fri	Nooner in the Park	Meadow Park	Meadow Park	IP,1hr
5:30 PM	Fri	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
5:30 PM	Fri	Melody Women's Meeting	Melody Group (Suite F)	265 South St F	IP,1hr,W
7:00 PM	Fri	Fredrick's Fellowship Speaker Meeting	SLO United Methodist Church	1515 Fredericks St	HY,90min
7:00 PM	Fri	Gifts of Grace Women's Meeting	Children's Center	1344 Nipomo St	IP,1hr, W
8:00 PM	Fri	Friday Night Men's Stag	Melody Group (Suite F)	265 South St F	HY,1hr
10:00 PM	Fri	City Lights-Young People	Melody Group (Suite F)	265 South St F	IP,1hr
7:30 AM	Sat	Sunrise Group	Alano Club	3075 Broad St	IP,1hr,YP
8:30 AM	Sat	Came to Believe	Active Church	3172 Johnson Ave	IP,
9:00 AM	Sat	Melody Group	Melody Group (Suite F)	265 South St F	IP,1hr
10:30 AM	Sat	Women Into Solutions	Alano Club	3075 Broad St	IP,1hr, W
11:30 AM	Sat	SLO Journey	Aspire	865 Aerovista Pl #130	IP,90min,Open
12:00 PM	Sat	Big Book Study	Alano Club	3075 Broad St	IP,1hr
1:30 PM	Sat	Agnostics and others Living Sober	Alano Club	3075 Broad St	IP,
4:00 PM	Sat	SLO Veterans Group	Alano Club	3075 Broad St	IP,C
5:30 PM	Sat	12 & 12 Book Study	Alano Club	3075 Broad St	IP,1hr

San Luis Obispo (continued)					
5:30 PM	Sat	The Mayflower Hotel	Melody Group (Suite F)	265 South St F	IP,LGBTQ+
7:00 PM	Sat	Melody Birthday, [Every 4th Saturday]	Melody Group (Suite F)	265 South St F	IP,90min,SPKR
7:30 PM	Sat	Speaker Meeting (SNL)-Third Saturday Only	Calvary SLO Church	4029 S Higuera St	IP,90min,SPKR
10:00 PM	Sat	City Lights-Young People	Melody Group (Suite F)	265 South St F	IP,1hr
San Miguel					
7:00 PM	Sun	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90min
7:00 PM	Mon	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90min,SP
7:00 PM	Tue	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90min, SP
7:00 PM	Tue	Primary Purpose Group	Primary Purpose Group	256 13th St	IP,90min
7:00 PM	Wed	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90min.C
7:00 PM	Thu	Big Book Study	Libertad Y Progreso	13th St	IP,90min,SP
7:00 PM	Fri	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90min, SP
7:00 PM	Sat	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90min, SP
Santa Margarita					
6:00 PM	Wed	Margarita Group	Senior Center	2210 H St	IP,1hr,
5:30 PM	Thu	Men's Happy Hour	Senior Center	2210 H St	IP,1hr, M
Templeton					
5:30 PM	Mon	Spiritual Living	Templeton Presbyterian Church	610 S Main St	IP,1hr
5:30 PM	Wed	Twin Cities Group	Templeton Presbyterian Church	610 S Main St	IP,1hr,O,Ch

SPEAKER MEETINGS

ROTATING CITIES SATURDAY SPEAKER MEETINGS

South County Speaker Meeting

First Saturday, 7:00pm,
St. John's Lutheran Church
959 Valley Rd., Arroyo Grande

Morro Bay Speaker Meeting

Second Saturday, 7:30pm,
St. Timothy's Parish Hall
962 Piney Way, Morro Bay

Saturday Night Live

Third Saturday, 7:30pm,
Calvary SLO Church
4029 S Higuera St, San Luis Obispo

Cambria Speaker Meeting

Fourth Saturday, 7:00pm,
Santa Rosa Catholic Church
1174 Main St., Cambria

Miscellaneous Speaker Meetings

LGBT and Q Thursday Speaker

Last Thursday, 6:00pm
5 Cities Group
781 Calle Bendita, Arroyo Grande

Fredericks Friday Speaker Meeting

Every Friday, 7:00pm
United Methodist Church
1515 Fredericks St., San Luis Obispo

Easy Does It Speaker Meeting

Last Saturday, 7:00pm,
1916 Creston Rd. #400, Paso Robles

Middlehouse Sunday AM Speaker

Every Sunday, 10:00 am
Coffee & pastries served at 9:30am
939 Augusta St, San Luis Obispo

Sunday Night Speaker

Every Sunday, 6:00pm
North County Connection
8600 Atascadero Rd, Atascadero

SERVICE MEETINGS

SERVICE SUNDAY (2nd Sunday of the Month)

8:45am - Intergroup Central Office Rep. (COR)
Zoom ID: 958 0124 0779 (No Password)

10:15am - 22nd District GSR
Hybrid Meeting Alano Club, 3075 Broad St., SLO
Zoom ID: 882 7925 8044 Password D22GSR

12:00pm - District 22 Convention Committee
Melody, 265 South St., #F, SLO

H&I (3rd Tuesday)

Hospitals and Institutions &
Bridging The Gap
6:40pm Alano Club
3075 Broad St., SLO

Regarding Central Coast Central Office Intergroup Meetings:

This meeting directory is a listing of meetings that are in-person at a physical location on the Central Coast, some of these meetings are purely in person and the status is designated as IP. Some of the in person meetings also provide a Zoom connection to the meeting and these are designated as HY for hybrid.

The remainder of our meetings are Online and these meetings are not listed here but can be found on our website (sloaa.org). Additionally, the online Zoom meeting ID and passwords for the Hybrid meetings can be found on our website.

We need your help to keep this information current; please go to sloaa.org, click on your meeting link, scroll to the bottom, click on "Update Meeting Info" then fill in and submit the form. You may alternatively fill out a meeting add/change form for any corrections to this listing.

Please send any comments to info@sloaa.org