

Coast Central Office Intergroup (CCCOI) Central Office Representative (COR) Meeting 3/9/2025

Meeting held via Zoom <https://zoom.us/j/95801240779>

<i>Present</i>	<i>Name</i>	<i>Position</i>
X	Dick B	Board Chair
X	Jon K	Board Vice-Chair
X	Debbie P	Board Secretary
	Melissa M	Board Treasurer
X	Lori O	Board Literature Chair
	Vacant	Board Communications Chair
X	Jim D	Board Member-At-Large
	Jon O	Central Office Manager
	Open	Volunteer Coordinator
	Keri S	Newsletter Editor
	Judy G	Webservant
X	Jim D	Convention

COR Members attending

<i>Present</i>	<i>Name</i>	<i>Group/Meeting</i>
X	Becky B	Mesa Group
X	Jim L	Sunday Evening RAP Group
X	Matt H	Pioneer Group
	Linda W	Home Girls BB, LO Women's
	Amy S	Fredericks Fellowship Friday Speaker
X	Lori O	Tues Living the Steps
	Vanessa S	ABC Group
	Paul O	Avila Beach Group
X	Bob R	Early Risers
	Wayne N	5 Cities Group
	Hilario C	Morro Bay Morning Fantastic
X	Sharon H	Sat Morning Women's Morro Bay
	Mae J	Harbor Lites
	Peter C	Serenity Group, Grover Beach
X	Jon K	Meadow Park, SLO
X	Kathleen W	Sense of Belonging, Thurs. Women's
X	Kathleen W	Women's BB Study, Monday, Los Osos

Call to order with our Serenity Prayer.

**Tradition Three:** The only requirement for A.A. membership is a desire to stop drinking.

**February AA Birthdays** – Debbie P has 38 years on 2/22/25 & Bob R has 34 years on 2/24/25. Congratulations to both of you!!

## BOARD REPORTS

### Chairperson: Dick B

- Dick stated that we are still looking for a new board member/communications person. They would potentially work with Judy and Keri and help communicate with the community
- Dick is still performing the Volunteer Coordinator position duties as we are looking to fill the position
- The heat is on in the Central Office after issues with the furnace
- We don't print many Nameless Newsletters in the office, but you can sign up to receive it electronically by clicking on the link at the end of the agenda
- Harry H is upgrading computers in the office
- Dick said that meeting contributions are lower than in past years. Be that meeting contributions are the sole source of the CO income please take it back to your meetings that we need contributions

### Vice-Chair: Jon K

- Sean, the DCM, is going to PRASSA in Alaska
- The treasury is doing ok. The 2025 budget was passed
- Area 93 Assembly was in Camarillo on 3/1/25
- District 22 is looking for a Grapevine Representative
- Now that they have a Registrar, they are getting groups registered with GSO
- The A.A. International Convention will be held in Vancouver, Canada on 7/3-7/6/25
- 28<sup>th</sup> Annual World Service event will be in New York 4/27-5/3/25
- PRAASA is being held 3/7-3/9/2025 in Anchorage, Alaska

### Secretary: Debbie P

- Debbie stated that she sent out the minutes for February. Several people stated that they did not receive the minutes from last month so Debbie will investigate and make sure they get the minutes from February and March. She asked if anyone had any questions or concerns
- Lori made a motion to accept the minutes and Becky 2<sup>nd</sup>, all approved

### Treasurer: Melissa M (not present)

- Dick gave the treasurer's report
- The checkbook balance is \$18,984.57 and the prudent reserve is \$16,929.46 (which is all in CD's)
- YTD group contributions \$1,252.62 which is low for a month
- We no longer have the accountant because Quickbooks is up and running
- Debbie made a motion to approve the treasurers report Kathleen 2<sup>nd</sup> all approved

### Literature: Lori O

- Lori stated that we still have some Plain Language Big Books and lots of Big Books on hand
- She said that if anyone needs literature or something is out of stock let her know

### Communication: Vacant

- Dick stated that he is doing the phone forwarding

## **Member at Large:** Jim D

- Jim stated that most meetings are well attended and he tries to stay in touch with meetings and their needs
- Some meetings are struggling financially
- He will get the message out regarding forms that need to be filled out for the website and meeting changes

## **STAFF REPORTS**

**Office Manager:** Jon O (not present)

**Newsletter Editor – Keri S** (not present)

- Dick said that Keri is doing a terrific job and the upcoming Newsletter will be out soon

**Webservant – Judy G** (not present)

- Dick stated that Judy is doing a great job maintaining the website and if you have any questions or meeting changes contact Judy G at [info@sloaa.org](mailto:info@sloaa.org)

**Volunteer Coordinator:** Open

**Convention Liaison:** Jim D

- Jim stated that there will be a Convention meeting today 3/9/25 at Melody at noon
- The convention is in need of volunteers
- The theme this year is “You Can Help When No One Else Can”. Flyers will be out soon
- My22.org has a Splash page up and registration will open around 5/1/25

## **COR Members Updates**

- Jim L – Sunday Evening Rap Group – They are doing fine with around 25 attendees, ½ in-person and ½ Zoom. Collections have been down, and expenses are up so they are getting by
- Matt H – Pioneer Group – They are doing well with good attendance especially at noon meetings. No events in the near future. Need a treasurer & co-chair. Talking about lowering their prudent reserve
- Lori – Tuesday Living the Steps – Meeting is going fine and is gaining newcomers. They are having difficulties getting contributions via Zoom, also are having trouble getting volunteers
- Becky – Mesa Group – They have a variety of meetings and attendance is going up. Their big issue is money. They had to pay liability insurance. Trying to communicate to the groups that a \$2 donation is not enough
- Bob R – Early Risers – They have 2 separate meetings. One online meeting 7 days/week and an in-person meeting 6 days/week. They have 1 treasury for both groups. Next week they will celebrate 5 years being on-line
- Sharon H – Sat. Morning Women’s Morro Bay – Meeting was packed last week. Their income is stable and they are able to donate to the various entities
- Kathleen W – Thursday Women’s A Sense of Belonging, Los Osos – The meeting is well attended with around 20 people and the rent for the church is very reasonable

- Jon K – Meeting in Park – Meeting at Meadow Park M-F at noon at the corner of Woodbridge & Meadow. Weather permitting and bring a chair. They need attendance
- Sharon requested phone numbers so Dick will send out a roster. There was talk of getting contact info from the area meetings. Also, about updating the 12 Step list in CO. Sharon suggested that there be a class on “how to make a receipt” in CO. Dick said he would be happy to help on 3/18 from 12-3 or Barney can help on 3/11 12-3. Bob suggested having a Goggle Workspace so people would have access to rosters and other info

Next COR meeting April 13, 2025, at 8:45am <https://zoom.us/j/95801240779>

The meeting was adjourned at 9:48 AM and closed with the Responsibility Pledge – “I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible”.

Respectfully Submitted,  
Debbie P

### **Numbers and Links to Share with Your Groups**

#### **Central Coast Central Office Intergroup (C.C.C.O.I.), Area 93 – District 22**

Office located at: 1333 Van Beurden Dr., Suite 102, Los Osos, CA 93402

Mailing address: PO Box 6819, Los Osos, CA 93412-6819

**Phone: 805-541-3211    Web: [www.sloaa.org](http://www.sloaa.org)**

**To Contribute to the Central Office** Our Venmo account is: @slocentraloffice If donating for a group, please put the name of group, town, and group number if available or note if it is a contribution for a birthday or personal contribution.

- **Central Coast Intergroup Website** which includes Online AA meetings and Face to Face meetings: <https://www.sloaa.org/>
- **Literature Sales:** CCCOI is open for literature sales from 12 Noon to 6 PM weekdays and 1PM to 4 PM Saturday. See the literature page on the website for current stock and prices at <https://www.sloaa.org/aa-literature/>
- **Nameless Newsletter** <https://www.sloaa.org/resources/nameless-newsletter/>
- **SERVICE SUNDAY – Second Sunday of each month:**
  - **COR MEETING**
    - Time: 8:45 AM
    - Link: <https://zoom.us/j/95801240779>
    - Meeting ID: 958 0124 0779
    - Password: No Password
  - **DISTRICT 22 COMMITTEE (GSR Meetings)**
    - Time: 10:15 AM
    - Link: <https://us02web.zoom.us/j/89303926186?pwd=TII3OHdGNWIIZXhvM2RQM0FiR2dLUT09>
    - Meeting ID: 882 792 580 44
    - Password: d22gsr

- In person at the SLO Alano Club, 3075 Broad St., SLO, 93401

- **DISTRICT 22 CONVENTION PLANNING**

- Time: 12 Noon
- Meetings are no longer on Zoom, they are meeting at the Melody Group  
265 South St., Suite F, San Luis Obispo, 93401