

Sunday, December 14, 2025 at 8:45 AM  
Via Zoom: <https://zoom.us/j/95801240779>

## **Central Coast Central Office Intergroup Representatives Meeting (COR)**

Tradition 12: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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### **November AA Birthdays**

- Sharon H – 46 years
- Dick B – 38 years (celebrated on Thanksgiving)

## **Board Reports**

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### **Chairperson – Dick B**

- Still looking for another board member to start in January
- Looking for someone to eventually replace Dick as chair
- Need to get a new treasurer starting next year

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### **GSR Report – Kathe**

- Discussion about opening/starting an Ala-teen meeting in the area
- Discussed an Oregon countdown
- Secretary position needed; Brianna is stepping up
- Traditions workshop had great turnout
- Next workshop will be in April/May of next year

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### **Secretary – Vanessa S (absent last month, given by Dick B)**

- Kathleen took the notes from last meeting and sent them out
- Some members did not receive the minutes (Jim, Sharon) – Kathleen to resend
- Motion to accept made, seconded, all in favor

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### **Treasurer – Melissa M (not present, given by Dick B)**

- November:
  - Contributions were lower than typical
  - Down approximately \$1,100 for November compared to budget

- P&L Year-to-Date (January–November):
    - Total contributions: ~\$17,000
    - Total income (including literature): ~\$33,000
    - Below budget by ~\$3,000 YTD
    - Deficiency primarily due to lower group contributions (~\$3,000 below expectations)
  - Actions:
    - Melissa and Bonnie preparing postcards to send to groups thanking them for contributions and noting the shortfall
    - Literature prices have been updated to reflect current costs from New York
  - Balance Sheet:
    - Checking account: \$13,890
    - Prudent Reserve: \$18,859
    - QuickBooks still showing phantom numbers; Melissa working with accountant to correct
  - Discussion:
    - Suggestion to add a cover letter or footnote to reports explaining the phantom account numbers so groups understand the actual financial position
    - Motion to approve made by Kathleen, seconded, all in favor
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## Literature – Brad L (not present, given by Dick B)

- Shelves are well stocked
  - Had a run on Big Books a month ago; new ones have been ordered and received
  - Brad and Melissa repricing literature to reflect current costs
  - Pricing Discussion:
    - Central office prices match NY list price
    - No shipping charged to customers who pick up at office
    - California sales tax applies
    - Different meetings may have different prices based on their own inventory and decisions
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## Communications, Open

- Open position
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## Member at Large, Jim D

- Wednesday night Melody meeting is now canceled due to lack of attendance
  - Was one of the first two meetings in SLO, running for decades
- H&I will accept extra books and Grapevines for distribution to prisons, jails, and organizations
  - Bring them to the Tuesday night H&I meeting at Melody

# Staff Reports

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## Volunteer Coordinator – Kathleen W

- Four people retired from answering phones
- Two new volunteers: Larry and Roger (moved from Chicago)
- Still have openings Tuesday and Wednesday from 3–6 PM
- Reminder that phones are manned 24 hours a day by volunteers
- Please announce at your meetings that Central Office needs volunteers

# COR Reports

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## Becky B, Mesa Group

- About 21 meetings
- Marathon meetings on holidays: Christmas Eve into Christmas Day, New Year's Eve into New Year's Day
- Requested contact information for Carrie regarding newsletter event listings
- Attendance doing well
- Prudent reserve is good; planning contributions to NY and Central Office at end of quarter

## Ben B, ABC Group (Paso Robles)

- Missed last month's COR meeting
- Was working on a deficit of a few thousand dollars
- Implemented language about costs in 7th tradition announcement – it's working
- Should be breaking even this month
- Offer at least 3 meetings a day, 7 days a week (21+ meetings)
- Steering committee meeting tomorrow (Monday)
- Suggested updating COR and GSR meeting descriptions in meeting guide app to clarify they are business meetings, not sharing meetings
  - Dick will have Judy update the meeting directory

## Jim L, Sunday Evening Rap Group

- LGBTQ meeting on Sunday evenings at 7 PM at Gala Center downtown (opposite courthouse)
- Gala Center having financial troubles due to fraud and embezzlement, but the meeting is fine
- Everyone welcome
- Rent likely won't increase as Gala Center traditionally asks for whatever groups can pay

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## Kathleen W, Sense of Belonging / Serenity Group

- Friday night party was not as well attended as expected – will do more advertising next year
- Serenity Group doing well
- Bought a batch of Grapevine books; discussed idea of selling used books
  - Central Office not able to get into used book business
  - Groups can sell used books at half price from their meetings
  - H&I will accept donated books for prisons, jails, and organizations
- Contributions getting back up; paid rent for last three months

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## Sharon H, Saturday Morning Women's Group (Morro Bay)

- No new issues to report
- Big, consistently good meeting
- Collect a lot of money and donate regularly
- Keep getting new members – a growing group

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## Wayne N, 5 Cities Group

- Celebrating 108 years of continuous sobriety for December (last Friday of month)
- Christmas brunch at 2 PM on Christmas Day at the 5 Cities meeting on Calle Vadita
  - Had about 25 people at Thanksgiving event
- 22 hybrid/Zoom meetings
- Contributions keeping them in the black
- Asked about meeting directory/newsletter printing – available on website to print

## Additional Notes

- Discussion about updating phone message for holidays to include sloaa.org information
- Welcome back to Vanessa S after 6 weeks away while her son was receiving treatment in Los Angeles
- To submit events for the newsletter, contact Carrie; for website posting, email [info@sloaa.org](mailto:info@sloaa.org) and Judy will post

The meeting was adjourned at approximately 10:00 AM and closed with the Responsibility Pledge: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A., always to be there, and for that: I am responsible.*

Respectfully submitted,  
Vanessa S

# Numbers and Links to Share with Your Groups

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Central Coast Central Office Intergroup (C.C.C.O.I.), Area 93, District 22

**Office:** 1333 Van Beurden Dr., Suite 102, Los Osos, CA 93402

**Mailing address:** PO Box 6819, Los Osos, CA 93412-6819

**Phone:** 805-541-3211

**Web:** [www.sloaa.org](http://www.sloaa.org)

**To contribute to the Central Office:**

- Our Venmo account is: @slocentraloffice
- If donating for a group, please put the name of group, town, and group number if available or note if it is a contribution for a birthday or personal contribution

**Meeting Directory (includes online and face-to-face):** [www.sloaa.org/meetings](http://www.sloaa.org/meetings)

**Literature Sales:**

- CCCOI is open for literature sales from 12 Noon to 6 PM M-F and 1PM to 4 PM Saturday
- See [www.sloaa.org/aa-literature](http://www.sloaa.org/aa-literature) for current stock and prices

**Nameless Newsletter:** [www.sloaa.org/resources/nameless-newsletter](http://www.sloaa.org/resources/nameless-newsletter)

## Service Sunday: Second Sunday of each month

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### Central Office Representative (COR) Meeting

**Time:** 8:45 AM

**Link:** [zoom.us/j/95801240779](https://zoom.us/j/95801240779)

**Meeting ID:** 958 0124 0779

**Password:** n/a

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### District 22 Committee (GSR Meeting)

**Time:** 10:15 AM

**Link:** [us02web.zoom.us/j/89303926186?pwd=TlI3OHdGNWlIZXhvM2RQM0FiR2dLUT09](https://us02web.zoom.us/j/89303926186?pwd=TlI3OHdGNWlIZXhvM2RQM0FiR2dLUT09)

**Meeting ID:** 882 792 580 44

**Password:** d22gsr

**In-Person Location:** SLO Alano Club, 3075 Broad St., SLO, 93401

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## District 22 Convention Planning

**Time:** Noon

**Location:** The Melody Group, 265 South St., Suite F, San Luis Obispo, 93401