

SAN LUIS OBISPO COUNTY, CA
CENTRAL COAST CENTRAL OFFICE INTERGROUP



AREA 93 DISTRICT 22
ALCOHOLICS ANONYMOUS



Directory of IN PERSON Meetings as of
February 20, 2026

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership. We are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

**Central Coast Central Office / Intergroup
(CCCOI)**

1333 Van Beurden Drive
Los Osos, CA 93402

Website:

<https://www.sloaa.org>

Mailing Address:

PO Box 6819
Los Osos, CA 93412-6819



ABBREVIATIONS

C..... Closed: ALCOHOLICS ONLY
CH..... Church
HY..... Hybrid Meeting
IP..... In Person Meeting
LGBTQ+..... Lesbian, Gay, Bisexual, Trans, Queer, +
M..... Men's Meeting
O..... Open: All welcome
SP..... Spanish Speaking
SPKR..... Speaker Meeting
W..... Women's Meeting
WA..... Wheelchair Access

CCCOI HOTLINE: (805) 541-3211

NOTE: For the most current meeting schedule Use the QR code above to access the full Meeting Listing online. At the top of the listing are 2 buttons; clicking the "**Printable Meeting Directory**" button produces a hardcopy of the In Person (IP) and Hybrid (HY) Meetings on a personal printer. Online (mostly Zoom) meetings are listed in the full Meeting Listing online only.

Arroyo Grande						1
Sun	7:00 AM	Big Book Study	5 Cities Group	781 Calle Bendita	HY,1hr	
Sun	8:30 AM	Men's Stag	5 Cities Group	781 Calle Bendita	IP,1hr, M	
Sun	8:30 AM	Men's Stag	Mesa Group	564 Mesa View Dr	IP,1hr, M	
Mon	7:00 AM	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr	
Mon	7:00 AM	Big Book Study	Mesa Group	564 Mesa View Dr	IP,1hr	
Mon	12:00 PM	Daily Reflections	5 Cities Group	781 Calle Bendita	HY,1hr	
Mon	12:00 PM	Daily Reflections	Mesa Group	564 Mesa View Dr	IP,1hr	
Mon	5:30 PM	Topic Meeting	5 Cities Group	781 Calle Bendita	HY,1hr	
Mon	5:30 PM	Mesa Group Women's 12x12	Mesa Group	564 Mesa View Dr	IP,W,1hr,WA	
Tue	7:00 AM	Stick Meeting	5 Cities Group	781 Calle Bendita	HY,1hr	
Tue	7:00 AM	As Bill Sees It	Mesa Group	564 Mesa View Dr	IP,1hr	
Tue	12:00 PM	Plain Language Book Study	5 Cities Group	781 Calle Bendita	HY,1hr	
Tue	12:00 PM	Stick Meeting	Mesa Group	564 Mesa View Dr	IP,1hr	
Tue	12:00 PM	Women's Big Book Study	St. Barnabas' Episcopal Ch	301 Trinity Ave	IP,1hr, W	
Tue	5:30 PM	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr	
Tue	5:30 PM	12 Steps & 12 Traditions	Mesa Group	564 Mesa View Dr	IP,1hr	
Tue	7:00 PM	Men's Stag	Mesa Group	564 Mesa View Dr	IP,90m, M, C	
Wed	7:00 AM	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr	
Wed	7:00 AM	Mesa Group - 12 x 12	Mesa Group	564 Mesa View Dr	IP,1hr	
Wed	12:00 PM	Big Book study/Topic meeting	5 Cities Group	781 Calle Bendita	IP,1hr	
Wed	12:00 PM	Wednesday Noon	Mesa Group	564 Mesa View Dr	IP,1 hr	
Wed	5:30 PM	Back to the 40's	5 Cities Group	781 Calle Bendita	HY,1hr	
Wed	5:30 PM	Meditation/Step 11	Mesa Group	564 Mesa View Dr	IP,O	
Thu	7:00 AM	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr	
Thu	7:00 AM	Plain Language Big Book Study	Mesa Group	564 Mesa View Dr	IP,	
Thu	12:00 PM	As Bill Sees It	5 Cities Group	781 Calle Bendita	HY,1hr	
Thu	12:00 PM	Mesa Group	Mesa Group	564 Mesa View Dr	IP,1hr	
Thu	5:30 PM	Thursday Women's Meeting	5 Cities Group	781 Calle Bendita	HY,1hr	
Thu	5:30 PM	Mesa 5:30 Thursday	Mesa Group	564 Mesa View Dr	IP,O,D,1hr	
Thu	7:00 PM	LGBT and Q	5 Cities Group	781 Calle Bendita	HY,LGBTQ+,SPKR	
Thu	7:00 PM	Women's Big Book Study	Mesa Group	564 Mesa View Dr	IP,1hr, W,C	
Fri	7:00 AM	12 x 12 Book Study	5 Cities Group	781 Calle Bendita	HY,1hr	
Fri	7:00 AM	Joe and Charlie	Mesa Group	564 Mesa View Dr	IP,1hr	
Fri	12:00 PM	Chip Meeting	5 Cities Group	781 Calle Bendita	HY,1hr	
Fri	12:00 PM	B.Y.O. Bag Lunch	Mesa Group	564 Mesa View Dr	IP,1hr	
Fri	5:30 PM	Chip Meeting	Mesa Group	564 Mesa View Dr	IP,1hr	
Fri	7:00 PM	5 Cities Speaker (2nd Friday)	5 Cities Group	781 Calle Bendita	HY,1hr,SPKR	
Fri	7:00 PM	Birthday Meeting (Last Friday)	5 Cities Group	781 Calle Bendita	IP,90m,SPKR	
Sat	7:00 AM	5 Cities Group	5 Cities Group	781 Calle Bendita	HY,1hr	
Sat	8:30 AM	Saturday Morning Spiritual Breakfast	Mesa Group	564 Mesa View Dr	IP,O	
Sat	12:00 PM	12x12 Study	5 Cities Group	781 Calle Bendita	HY,1hr	
Sat	7:00 PM	Mesa Birthday Meeting (Last Sat)	Mesa Group	564 Mesa View Dr	IP,90m	
Sat	7:00 PM	Mesa SPKR/Potluck@6 (2nd Sat)	Mesa Group	564 Mesa View Dr	IP,SPKR	
Sat	7:00 PM	1st Saturday Speaker-South County	St Johns Lutheran Ch	959 Valley Rd	IP,90m	
Atascadero						
Sun	10:00 AM	Sun AM Coming Down	Atascadero Home	8600 Atascadero Ave	IP,1hr	
Sun	10:00 AM	Serenity Sisters	Atascadero Senior Center	5905 E Mall	IP,1hr, W	
Sun	6:00 PM	Atascadero Speaker's Meeting	Atascadero Home	8600 Atascadero Ave	IP,1hr,SPKR	
Mon	7:00 AM	Attitude Adjustment	Atascadero Home	8600 Atascadero Ave	IP,1hr	
Mon	12:00 PM	Miracles of Recovery	Community Ch of Atascadero	5850 Rosario Ave	IP,1hr	
Mon	5:30 PM	Monday Nite Group	Atascadero Grange Hall	5035 Palma Ave	IP,1hr,WA	

Atascadero (continued...)**2**

Mon	6:00 PM	Mens Big Book/12x12 Study	Dove Creek Ch	9333 Santa Barbara Rd	IP,90 m,M,C
Tue	7:00 AM	Atascadero Start Right Too	ABC Ch	6225 Atascadero Ave	IP,1hr,C
Tue	5:30 PM	End of the Line	Atascadero Grange Hall	5035 Palma Ave	IP,1hr,M
Tue	5:30 PM	Step Sisters Step Study	Atascadero Home	8600 Atascadero Ave	IP,1hr,W,C
Tue	8:00 PM	Surrender To Win	St. Luke's Episcopal Ch	5318 Palma Ave	IP,75m,YP,WA
Wed	7:00 AM	On Awakening	Atascadero Home	8600 Atascadero Ave	IP,1hr
Wed	12:00 PM	Miracles of Recovery	Community Ch of Atascadero	5850 Rosario Ave	IP,1hr
Wed	7:00 PM	Anonymous #3	Community Ch of Atascadero	5850 Rosario Ave	IP,1hr
Thu	7:00 AM	Start Right Group	Atascadero Bible Ch	6225 Atascadero Mall	IP,1hr.C
Thu	5:30 PM	Freedom Sisters - Daily Reflections	Atascadero Home	8600 Atascadero Ave	IP,1hr, W
Thu	7:00 PM	Study Group	Atascadero Methodist	11605 El Camino Real	IP,1hr
Thu	7:00 PM	Night School for Living (Mens Stag)	Community Ch of Atascadero	5850 Rosario Ave	IP,90m, M
Fri	7:00 AM	Early Birds Book Study	Atascadero Home	8600 Atascadero Ave	IP,1hr
Fri	12:00 PM	Miracles of Recovery	Community Ch of Atascadero	5850 Rosario Ave	IP,1hr
Fri	5:30 PM	The Trudging Herd	Atascadero Methodist Ch	11605 El Camino Real	IP,1hr
Fri	7:00 PM	Friday Night Group	Dove Creek Ch	9333 Santa Barbara Rd	IP,1hr
Sat	7:30 AM	Saturday Morning-Women	Atascadero Bible Ch	6225 Atascadero Mall	IP,1hr, W
Sat	10:00 AM	No Nonsense Group	Atascadero Home	8600 Atascadero Ave	IP,90m, M.C
Sat	10:00 AM	Stand and Deliver	Dove Creek Ch	9333 Santa Barbara Rd	IP,1hr, M.C
Sat	6:00 PM	All Welcome Group	Dove Creek Ch	9333 Santa Barbara Rd	IP,1hr

Avila Beach

Sun	7:00 PM	11th Step Meditation	Avila Beach Group	191 San Miguel St	IP,1hr
Wed	7:00 PM	Big Book Study	Avila Beach Group	191 San Miguel St	IP,1hr
Thu	7:00 PM	Avila Beach 12x12	Avila Beach Group	191 San Miguel St	IP,
Sat	9:00 AM	Daily Reflections	Avila Beach Group	191 San Miguel St	IP,1hr

Cambria

Sun	8:30 AM	Slabtown Stag	Cambria Connection	1069 Main St	HY,1hr
Mon	12:00 PM	Grapevine	Cambria Connection	1069 Main St	IP,1hr
Mon	5:00 PM	El grupo de Cambria	El Grupo de Cambria	1069 Main St B	HY,1hr
Mon	6:00 PM	Pine Cellar Group Big Book Study	Cambria Connection	1069 Main St	HY,1hr
Tue	7:00 AM	Morning Reflection	Cambria Connection	1069 Main St	HY,1hr
Tue	6:00 PM	Attitude Adjustment	Cambria Connection	1069 Main St	HY,1hr
Wed	12:00 PM	As Bill Sees It	Cambria Connection	1069 Main St	IP,1hr.C
Wed	12:00 PM	As Bill Sees It	St.Pauls Episcopal Ch	2700 Eton Rd	IP,1hr, W,C
Thu	7:00 AM	Morning Reflections	Cambria Connection	1069 Main St	HY,1hr
Thu	6:00 PM	Attitude Adjustment	Cambria Connection	1069 Main St	HY,1hr
Fri	7:00 AM	Morning Reflection	Cambria Connection	1069 Main St	HY,1hr
Fri	7:30 PM	Cambria Friday Candlelight Dinner	Cambria Connection	1069 Main St	HY,90m
Sat	8:30 AM	Good Stuff West	Cambria Connection	1069 Main St	HY,1hr,C
Sat	9:30 AM	Cambria Saturday Book Study	St.Pauls Episcopal Ch	2700 Eton Rd	IP,1 hr,O
Sat	7:00 PM	4th Saturday Speaker Meeting-Cam.	Santa Rosa Catholic Ch	1174 Main St	IP,90m

Cayucos

Mon	5:30 PM	Cayucos Group	Cayucos Group	396 S Ocean Ave	HY,1hr
Tue	6:30 PM	Cayucos Girlfriend's Mtg	Cayucos Group	396 S Ocean Ave	IP,1hr, W

Creston

Wed	5:30 PM	No Big Deals	Creston Group	5170 O'Donovan Rd	IP,1hr
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Grover Beach

Sun	5:30 PM	Big Book Study	Serenity Group	555 S 13th St Suite G	IP,1hr
Sun	7:00 PM	Young People's Meeting	Serenity Group	555 S 13th St Suite G	IP,1hr
Mon	6:45 AM	Grapevine Discussion	Serenity Group	555 S 13th St Suite G	IP,1hr
Mon	12:00 PM	Open Format	Serenity Group	555 S 13th St Suite G	IP,1hr

Grover Beach (continued...)						3
Mon	5:30 PM	Open Forum	Serenity Group	555 S 13th St Suite G	IP,1hr	
Tue	6:45 AM	Daily Reflections Study	Serenity Group	555 S 13th St Suite G	IP,1hr	
Tue	12:00 PM	As Bill Sees It	Serenity Group	555 S 13th St Suite G	IP,1hr	
Tue	5:30 PM	Daily Reflections	Serenity Group	555 S 13th St Suite G	IP,1hr	
Tue	7:00 PM	Gentleman's Meeting	Serenity Group	555 S 13th St Suite G	IP,1hr,C,M	
Wed	6:45 AM	Newcomer's Meeting	Serenity Group	555 S 13th St Suite G	IP,1hr	
Wed	12:00 PM	Open Format	Serenity Group	555 S 13th St Suite G	IP,1hr	
Wed	5:00 PM	Gryphon Men's	Gryphon House	444 N 4th St	IP,1hr	
Wed	5:30 PM	Open Format	Serenity Group	555 S 13th St Suite G	IP,1hr	
Thu	6:45 AM	Living Sober Book Study	Serenity Group	555 S 13th St Suite G	IP,1hr	
Thu	12:00 PM	Open Format	Serenity Group	555 S 13th St Suite G	IP,1hr	
Thu	5:30 PM	Cross Talk Format	Serenity Group	555 S 13th St Suite G	IP,1hr	
Fri	6:45 AM	As Bill Sees It Discussion	Serenity Group	555 S 13th St Suite G	IP,1hr	
Fri	12:00 PM	Open Format	Serenity Group	555 S 13th St Suite G	IP,1hr	
Fri	5:30 PM	Big Book Study	Serenity Group	555 S 13th St Suite G	IP,1hr	
Sat	8:00 AM	Stick Meeting	Serenity Group	555 S 13th St Suite G	IP,1hr	
Sat	12:00 PM	Literature Meeting	Serenity Group	555 S 13th St Suite G	IP,1hr	
Sat	12:00 PM	Plain Language Big Book	Serenity Group	555 S 13th St Suite G	IP,O,1hr	
Sat	5:30 PM	12x12 Step Study	Serenity Group	555 S 13th St Suite G	IP,1hr	
Los Osos						
Mon	7:00 AM	Early Risers Big Book Study	South Bay Community Ctr	2180 Palisades Ave	IP,1hr,WA	
Mon	7:00 PM	South Bay Group	Los Osos First Baptist Ch	1900 Los Osos Valley Rd	IP,1hr	
Tue	7:00 AM	Early Risers - As Bill Sees It	South Bay Community Ctr	2180 Palisades Ave	IP,1hr	
Tue	12:00 PM	Los Osos Unity	Trinity Methodist Ch	490 Los Osos Valley Rd	IP,1hr	
Wed	7:00 AM	Early Risers Step Study	South Bay Community Ctr	2180 Palisades Ave	IP,1hr,C,WA	
Wed	12:00 PM	Los Osos Unity	Trinity Methodist Ch	490 Los Osos Valley Rd	IP,1hr	
Wed	7:00 PM	Open Door Group	Trinity Methodist Ch	490 Los Osos Valley Rd	IP,1hr,WA	
Thu	7:00 AM	Early Risers Daily Reflections	South Bay Community Ctr	2180 Palisades Ave	IP,1hr,WA	
Thu	12:00 PM	Los Osos Unity	Trinity Methodist Ch	490 Los Osos Valley Rd	IP,1hr	
Thu	5:30 PM	A Sense of Belonging Women's Group	St Elizabeth Ann Seton	2050 Palisades Ave	IP,W	
Fri	7:00 AM	Early Risers Men's Stag	South Bay Community Ctr	2180 Palisades Ave	IP,1hr, M	
Sat	7:00 AM	Early Risers Daily Reflections	South Bay Community Ctr	2180 Palisades Ave	IP,1hr, WA	
Morro Bay						
Sun	7:00 AM	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA	
Sun	10:30 AM	11th Step Group	Odd Fellows Hall	710 Harbor St	IP,90m, WA	
Sun	7:00 PM	Rock Group	Odd Fellows Hall	710 Harbor St	IP,1hr, WA	
Mon	7:00 AM	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA	
Mon	12:00 PM	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90m,WA	
Mon	8:00 PM	Morro Bay Young People	Odd Fellows Hall	710 Harbor St	IP,75m,YP,WA	
Tue	7:00 AM	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA	
Tue	12:00 PM	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90m,WA	
Tue	12:05 PM	Options - 12 x 12	Calvary Lutheran Ch	480 Monterey Ave	IP,90m	
Tue	5:30 PM	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,1hr,WA	
Tue	7:00 PM	12X12 Step Study	Odd Fellows Hall	710 Harbor St	IP,1hr	
Tue	8:00 PM	Morro Bay Men's Stag	Estero Bay Methodist	3000 Hemlock Ave	IP,90m, M	
Wed	7:00 AM	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA	
Wed	12:00 PM	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90m,WA	
Wed	12:05 PM	Options - Big Book Study	Calvary Lutheran Ch	480 Monterey Ave	IP,90m	
Thu	7:00 AM	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA	
Thu	12:00 PM	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90m,WA	
Thu	12:05 PM	Options - Daily Reflections	Calvary Lutheran Ch	480 Monterey Ave	IP,90m	

Morro Bay (continued...)						4
Thu	5:30 PM	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,1hr,WA	
Fri	7:00 AM	Morning Fantastic	Odd Fellows Hall	710 Harbor St	HY,1hr,WA	
Fri	12:00 PM	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90m,WA	
Fri	5:30 PM	Came2Believe-Living Sober-Big Book	Odd Fellows Hall	710 Harbor St	IP,1hr, WA	
Sat	7:00 AM	Steps to Attitude Adjustment	Odd Fellows Hall	710 Harbor St	IP,1hr, WA	
Sat	9:30 AM	Sat. Women's Group	Odd Fellows Hall	710 Harbor St	IP,90m, W	
Sat	12:00 PM	Harbor Lites	Odd Fellows Hall	710 Harbor St	IP,90m, WA	
Sat	7:30 PM	2nd Saturday Speaker Meeting - MB	St. Timothy Catholic Ch	962 Piney Way	IP,90m	
Nipomo						
Mon	6:30 PM	Nipomo Foothills Group	200 E. Dana St. Nipomo	200 E Dana St	IP,1hr	
Mon	7:00 PM	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90m,C,SP	
Tue	7:00 PM	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90m, C,SP	
Wed	11:30 AM	Nipomo Open/Discussion	200 E. Dana St. Nipomo	200 E Dana St	IP,O,D	
Wed	7:00 PM	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90m, SP,C	
Thu	7:00 PM	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90m,C,SP	
Fri	7:00 PM	Fuente de Fortalesa	Fuente de Fortalesa	660 Cherokee Pl	IP,90m, SP,C	
Oceano						
Sun	7:00 AM	Village Group	Village Group	1687 Front St	IP,1hr	
Sun	10:00 AM	Village 11th Step	Village Group	1687 Front St	IP,O	
Sun	6:00 PM	Village Group	Village Group	1687 Front St	IP,1hr	
Mon	7:00 AM	Village Group	Village Group	1687 Front St	IP,1hr	
Mon	12:00 PM	Village Group	Village Group	1687 Front St	IP,1hr,C	
Mon	6:00 PM	Literature Meeting	Village Group	1687 Front St	IP,	
Tue	7:00 AM	Village Group	Village Group	1687 Front St	IP,1hr	
Tue	12:00 PM	Village Group	Village Group	1687 Front St	IP,1hr,C	
Tue	6:00 PM	12 x 12 Book Study	Village Group	1687 Front St	IP,1hr	
Tue	7:30 PM	Village Group	Village Group	1687 Front St	IP,1hr, W	
Wed	7:00 AM	Village Group	Village Group	1687 Front St	IP,1hr	
Wed	12:00 PM	12 x 12 Book Study	Village Group	1687 Front St	IP,1hr.C	
Wed	6:00 PM	Big Book Study	Village Group	1687 Front St	IP,1hr	
Thu	7:00 AM	Village Group	Village Group	1687 Front St	IP,1hr	
Thu	12:00 PM	Dr. Bob and the Good Oldtimers	Village Group	1687 Front St	IP,1hr.C	
Thu	6:00 PM	Newcomer's Meeting	Village Group	1687 Front St	IP,NC,O,1hr	
Thu	8:00 PM	Village Group	Village Group	1687 Front St	IP,90m, SP	
Fri	7:00 AM	Village Group	Village Group	1687 Front St	IP,1hr	
Fri	12:00 PM	As Bill Sees It	Village Group	1687 Front St	IP,1hr,C	
Fri	6:00 PM	Men's Stag but ladies welcomed	Village Group	1687 Front St	IP,C	
Sat	7:00 AM	Village Group	Village Group	1687 Front St	IP,1hr	
Sat	10:00 AM	Village Group	Village Group	1687 Front St	HY,1hr	
Sat	6:00 PM	5 Cities Beach Bonfire Meeting	Oceano,Ca	100 Pier Ave	IP,1hr	
Paso Robles						
Sun	8:00 AM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr	
Sun	8:00 AM	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90m, SP	
Sun	12:00 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr	
Sun	4:00 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr	
Sun	5:30 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr	
Mon	7:00 AM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr	
Mon	12:00 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr	
Mon	12:00 PM	Serenity Now!	ScottStPasoRobles	240 Scott St	IP,WC	
Mon	5:30 PM	12 x 12 Book Study	A-B-C Group	1916 Creston Rd #400	IP,1hr	
Mon	8:00 PM	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90m, SP	

Paso Robles (continued...)					5
Tue	7:00 AM	12 x 12 Book Study	A-B-C Group	1916 Creston Rd #400	IP,1hr
Tue	12:00 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Tue	5:30 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Tue	5:30 PM	Sobriety Sisters	Sobriety Sisters	1301 Oak St	IP,C,W
Tue	8:00 PM	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90m,W,C
Wed	7:00 AM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Wed	12:00 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Wed	5:30 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Wed	8:00 PM	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90m
Thu	7:00 AM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Thu	12:00 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Thu	5:30 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Thu	5:30 PM	Sobriety Sisters	Sobriety Sisters	1301 Oak St	IP,1hr, W, C
Thu	8:00 PM	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90m
Fri	7:00 AM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Fri	12:00 PM	12 x 12 Book Study	A-B-C Group	1916 Creston Rd #400	IP,1hr
Fri	5:30 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Fri	8:00 PM	Friday Night Hangout	A-B-C Group	1916 Creston Rd #400	IP,1hr
Fri	8:00 PM	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90m
Sat	8:00 AM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Sat	12:00 PM	A-B-C Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Sat	7:00 PM	Easy Does it Group	A-B-C Group	1916 Creston Rd #400	IP,1hr
Sat	8:00 PM	Grupo Tres Lagados	Grupo Tres Lagados	1916 Creston Rd #500	IP,90m
San Luis Obispo					
Sun	7:30 AM	AA Grapevine Meeting	Alano Club	3075 Broad St	IP,1hr
Sun	9:00 AM	Melody Group	Melody Group (Suite F)	265 South St F	IP,1hr
Sun	10:00 AM	Sunday Morning Speakers Group	Middlehouse	2939 Augusta St	IP,1hr,SPKR
Sun	10:15 AM	GSR Business Meeting (District 22)	Alano Club	3075 Broad St	HY,1hr
Sun	12:00 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Sun	12:00 PM	Convention Planning Meeting	Melody Group (Suite F)	265 South St F	IP,1hr
Sun	5:00 PM	SLO Veterans Group	American Legion	1661 Mill St	IP,C
Sun	5:00 PM	Laguna Lake Meeting	Laguna Lake Meeting	11245 LOVR	IP,1hr
Sun	5:00 PM	Grupo San Luis	Melody Group (Suite F)	265 South St F	IP,O,D,S,WA,90
Sun	5:30 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Sun	7:00 PM	Sunday Eve Rap Group	Sunday Eve Rap Group	1060 Palm St	HY,1hr,LGBTQ
Sun	7:00 PM	11 Step Meditation	Melody Group (Suite F)	265 South St F	IP,1hr
Mon	7:30 AM	Sunrise Group	Alano Club	3075 Broad St	IP,1hr,LGBTQ
Mon	9:00 AM	12 X 12 Book Study	Melody Group (Suite F)	265 South St F	IP,1hr
Mon	12:00 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Mon	12:00 PM	Nooner in the Park	Meadow Park	Meadow Park	IP,1hr
Mon	5:30 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Mon	5:30 PM	Melody 5:30pm	Melody Group (Suite F)	265 South St F	IP,1hr
Mon	5:30 PM	Agnostics & Others-Living sober group	Unitarian Universalist Ch	2201 Lawton Ave	IP,O,D,1hr
Mon	6:30 PM	Double Winners-Women in Recovery	Melody Group (Suite F)	265 South St F	IP,C, W, WC
Tue	7:30 AM	As Bill Sees It	Alano Club	3075 Broad St	IP,1hr
Tue	9:00 AM	Big Book Study	Melody Group (Suite F)	265 South St F	IP,1hr
Tue	12:00 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Tue	4:30 PM	Tuesday Night Tea Club	Mustangs4Recovery @ Cal Poly	1 Grand Ave	IP,1hr
Tue	5:30 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Tue	5:30 PM	Men's Stag	Melody Group (Suite F)	265 South St F	IP,1hr
Tue	8:00 PM	Big Book Study	Alano Club	3075 Broad St	IP,1hr

San Luis Obispo (continued...)					6
Wed	7:30 AM	Sunrise Group	Alano Club	3075 Broad St	IP,1hr
Wed	9:00 AM	As Bill Sees It	Melody Group (Suite F)	265 South St F	IP,1hr
Wed	12:00 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Wed	12:00 PM	Nooner in the Park	Meadow Park	Meadow Park	IP,1hr
Wed	5:30 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Wed	6:00 PM	Milk and Whiskey	Melody Group (Suite F)	265 South St F	IP,1hr
Wed	6:30 PM	Primary Purpose	St. Stephen's Episcopal	1344 Nipomo St	IP,1hr
Wed	8:00 PM	Newcomers Meeting	Alano Club	3075 Broad St	IP,1hr, YP,C
Wed	8:00 PM	Grupo San Luis	Melody Group (Suite F)	265 South St F	IP,90m,SP
Thu	7:30 AM	Living Sober Book Study	Alano Club	3075 Broad St	IP,1hr
Thu	9:00 AM	Daily Reflections	Melody Group (Suite F)	265 South St F	IP,1hr
Thu	12:00 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Thu	5:30 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Thu	5:30 PM	Melody Thursday Big Book	Melody Group (Suite F)	265 South St F	IP,1hr
Thu	7:00 PM	Middlehouse AA Book Study	Middlehouse	2939 Augusta St	IP,1hr
Thu	7:00 PM	Back to Basics	St. Stephen's Episcopal	1344 Nipomo St	IP,1hr
Thu	8:30 PM	Young People in AA	Melody Group (Suite F)	265 South St F	IP,1hr
Fri	7:30 AM	12 Steps & 12 Traditions Book Study	Alano Club	3075 Broad St	IP,1hr
Fri	9:00 AM	Living Sober Book Study	Melody Group (Suite F)	265 South St F	IP,1hr
Fri	12:00 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Fri	12:00 PM	Nooner in the Park	Meadow Park	Meadow Park	IP,1hr
Fri	5:30 PM	Pioneer Group	Alano Club	3075 Broad St	IP,1hr
Fri	5:30 PM	Melody Women's Meeting	Melody Group (Suite F)	265 South St F	IP,1hr,W
Fri	7:00 PM	Fredricks Fellowship Speaker Mtg	SLO Methodist Ch	1515 Fredericks St	HY,90m
Fri	7:00 PM	Gifts of Grace Women's Meeting	St. Stephen's Episcopal	1344 Nipomo St	IP,1hr,Ch,W
Fri	8:00 PM	Friday Night Men's Stag	Melody Group (Suite F)	265 South St F	IP,1hr
Fri	10:00 PM	City Lights-Young People	Melody Group (Suite F)	265 South St F	IP,1hr
Sat	7:30 AM	Plain Language Big Book Study	Alano Club	3075 Broad St	IP,1hr,YP
Sat	8:30 AM	Came to Believe	Active Ch	3172 Johnson Ave	IP,
Sat	9:00 AM	Melody Group	Melody Group (Suite F)	265 South St F	IP,1hr
Sat	10:30 AM	Women Into Solutions	Alano Club	3075 Broad St	IP,1hr, W
Sat	12:00 PM	Big Book Study	Alano Club	3075 Broad St	IP,1hr
Sat	5:30 PM	12 & 12 Book Study	Alano Club	3075 Broad St	IP,1hr
Sat	5:30 PM	The Mayflower Hotel	Melody Group (Suite F)	265 South St F	IP,LGBTQ+
Sat	7:00 PM	Melody Birthday, [4th Saturday]	Melody Group (Suite F)	265 South St F	IP,90m,SPKR
Sat	7:30 PM	3rd Saturday Speaker Meeting-SLO	Calvary SLO Ch	4029 S Higuera St	IP,90m,SPKR
Sat	10:00 PM	City Lights-Young People	Melody Group (Suite F)	265 South St F	IP,1hr
San Miguel					
Sun	7:00 PM	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90m
Mon	7:00 PM	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90m,SP
Tue	7:00 PM	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90m, SP
Tue	7:00 PM	Primary Purpose Group	Primary Purpose Group	256 13th St	IP,90m
Wed	7:00 PM	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90m.C
Thu	7:00 PM	Big Book Study	Libertad Y Progreso	13th St	IP,90m,SP
Fri	7:00 PM	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90m, SP
Sat	7:00 PM	Libertad Y Progreso	Libertad Y Progreso	13th St	IP,90m, SP
Santa Margarita					
Wed	6:00 PM	Margarita Group	Senior Center	2210 H St	IP,1hr,
Thu	5:30 PM	Men's Happy Hour	Senior Center	2210 H St	IP,1hr, M
Templeton					
Mon	5:30 PM	Spiritual Living	Templeton Presbyterian Ch	610 S Main St	IP,1hr
Wed	5:30 PM	Twin Cities Group	Templeton Presbyterian Ch	610 S Main St	IP,1hr,O,Ch

SPEAKER MEETINGS

ROTATING CITIES SATURDAY SPEAKER MEETINGS

South County Speaker Meeting

First Saturday, 7:00pm,
St. John's Lutheran Church
959 Valley Rd., Arroyo Grande

Morro Bay Speaker Meeting

Second Saturday, 7:30pm,
St. Timothy's Parish Hall
962 Piney Way, Morro Bay

Saturday Night Live

Third Saturday, 7:30pm,
Calvary SLO Church
4029 S Higuera St, San Luis Obispo

Cambria Speaker Meeting

Fourth Saturday, 7:00pm,
Santa Rosa Catholic Church
1174 Main St., Cambria

Miscellaneous Speaker Meetings

LGBT and Q Thursday Speaker

Last Thursday, 6:00pm
5 Cities Group
781 Calle Bendita, Arroyo Grande

Fredericks Friday Speaker Meeting

Every Friday, 7:00pm
United Methodist Church
1515 Fredericks St., San Luis Obispo

Easy Does It Speaker Meeting

Last Saturday, 7:00pm,
1916 Creston Rd. #400, Paso Robles

Middlehouse Sunday AM Speaker

Every Sunday, 10:00 am
Coffee & pastries served at 9:30am
939 Augusta St, San Luis Obispo

Sunday Night Speaker

Every Sunday, 6:00pm
North County Connection
8600 Atascadero Rd, Atascadero

SERVICE MEETINGS

SERVICE SUNDAY (2nd Sunday of the Month)

8:45am - Intergroup Central Office Rep. (COR)
Zoom ID: 958 0124 0779 (No Password)

10:15am - 22nd District GSR Hybrid Meeting
Alano Club, 3075 Broad St., SLO
Zoom ID: 882 7925 8044 Password D22GSR

12:00pm - District 22 Convention Committee
Melody, 265 South St., #F, SLO

H&I (3rd Tuesday)

Hospitals and Institutions &
Bridging The Gap
6:40pm Alano Club
3075 Broad St., SLO

Regarding Central Coast Central Office Intergroup Meetings:

This meeting directory is a listing of meetings that are in-person at a physical location on the Central Coast, some of these meetings are purely in person and the status is designated as IP. Some of the in person meetings also provide a Zoom connection to the meeting and these are designated as HY for hybrid.

The remainder of our meetings are Online and these meetings are not listed here but can be found on our website (sloaa.org). Additionally, the online Zoom meeting ID and passwords for the Hybrid meetings can be found on our website.

We need your help to keep this information current; please go to sloaa.org, click on your meeting link, scroll to the bottom, click on "Update Meeting Info" then fill in and submit the form. You may alternatively fill out a meeting add/change form for any corrections to this listing.

Please send any comments to info@sloaa.org