

Sunday, January 11, 2026 at 8:45 AM
Via Zoom: <https://zoom.us/j/95801240779>

Central Coast Central Office Intergroup Representatives Meeting (COR)

Tradition 1: Our common welfare should come first; personal recovery depends upon AA unity.

December AA Birthdays

- Peter – 9 years (December 25)
- Becky – 9 years (December 28)

Board Reports

Chairperson – Dick B

- Still looking for a new board member who would eventually replace Dick as chair
- All board positions staying the same this year as end of last year
- Dick and Melissa working on budget; will introduce at next COR meeting
- Peter requested information about the chair position to consider it

GSR Report – Kathy

- DCM budget allowed an increase for PRAASA travel
- Added a line for the Grapevine committee
- Couple of options for remaining unallocated funds, including donations to GSO and Central Office

Secretary – Vanessa S

- Minutes from last meeting sent out
- Peter requested minutes be available by Thursday for Serenity Group steering committee; Vanessa will aim to send by Wednesday
- Motion to approve made, seconded, all in favor

Treasurer – Melissa M

- Checking at \$11,553.80, prudent reserve at \$22,314.17
- **December:** Contributions were about normal
- **Year-End:** Down approximately \$2,000 from budget
- Generally kept close to budget for 2025 (within plus or minus 10%)
- QuickBooks cleanup in progress:
 - Meeting with someone to clean up the books
 - Balance sheet should be reading accurately by February
 - Dick added footnote to reports indicating which values are correct (operational checking account and prudent reserve)
- **Literature Pricing:**
 - Big book prices increasing from \$11 to \$14
 - Will not raise shelf prices until ordering at new price
 - Brad just placed an order, so inventory is in good shape for now
 - Shipping is free when orders meet minimum threshold
- **Sales Tax:**
 - Individuals are not tax exempt
 - Resellers (e.g., Alano Club) are tax exempt since they collect tax at point of sale
 - Central Office pays sales tax quarterly to CFA
- Motion to approve made, seconded, all in favor

Literature – Brad L

- Given by Dick B
- Brad has been putting in orders when inventory is low
- QuickBooks now advises when inventory is low (improvement from previous years)

Communications – Open

- Open position

Member at Large – Jim D

- Wednesday night Melody meeting no longer meeting due to decreased attendance
 - Was one of the first meetings in SLO, ran for many years
 - 5:30 meeting may have pulled attendance; moved to 7:00 but still didn't help
- Cayucos Wednesday 5:30 beach meeting can no longer have fires (significant change for that group)
- Convention planning:
 - Meeting today at Melody at noon (Service Sunday)

- Convention is in August
- Chair is Jamie
- Always need volunteers

Staff Reports

Volunteer Coordinator – Kathleen W

- Given by Dick B
- Kathleen doing a terrific job getting volunteers
- Dick interviewing a potential volunteer next Tuesday
- Getting volunteers continues to be a challenge but going well

COR Reports

Becky B, Mesa Group

- About 21 in-person meetings per week, plus 7 Zoom meetings at 7 AM
- Format changes:
 - Thursday 5:30 PM meeting changing to "Back to Basics" (also called "Back to the 40s")
 - Saturday at noon: Steps 3, 7, and 11 meeting (newer format)
- Doing well financially; making contributions this month including to Central Office
- Discussion about book pricing confusion: different meetings charge different amounts (\$11 vs. \$15), causing confusion for members who attend multiple meetings
- Has not received postcard from Central Office

Ben B, ABC Group (Paso Robles)

- Nothing has really changed
- 3 meetings/day during week: 7 AM, 12 PM, 5:30 PM
- Weekend schedule shifts slightly: 8 AM, 12 PM, 5:30 PM
- Ben taking over as secretary for Friday young people's/newcomers meeting; giving up Saturday morning secretary position
- Financially doing better; added language about rising costs and additional donations being appreciated, which has helped
- Will look out for postcard from Central Office

Peter, Serenity Group

- Apologized for not being present at recent meetings; interested in helping with board positions

- Last steering committee meeting was December 18
- Already accounting for big book price increases in budget
- H&I contributions: \$440 year-to-date
 - Discussion about when to pass H&I can so it doesn't sacrifice rent contributions
 - Can is supposed to be passed at end of meeting after main collection
- Contemplating different formats for a crosstalk meeting based on group inventory feedback (conducted in October)
- Getting a Venmo account
- Plain language book study on Saturdays at noon
- Elections for new positions coming up Thursday
- Attendance strong:
 - Friday birthday meetings drawing up to 50 people
 - Noon meetings always well attended; 5:30 second
 - Men's stag on Tuesdays and Saturday morning well supported
 - New young people's meeting at 7 PM on Sundays drawing 10-12 regular attendees

Rachel (new), Arroyo Grande Women's Big Book Study

- First COR meeting; welcomed
- Tuesday at noon at St. Barnabas Episcopal Church
- Goes through entire Big Book from first preface to last page, then starts over
- Well attended: 20-30 people (grew from handful meeting in parking lot during COVID)
- Adding quarterly business meetings this year; next one is tomorrow
- Added a timer position
- Updating format to reflect changes (removing things no longer done, like coffee)
- Decision on table about contribution percentages
- Treasurer and Secretary positions maintained consistently (year-long commitments)

Sharon H, Saturday Morning Women's Meeting (Morro Bay) & Sense of Belonging (Los Osos)

- **Saturday Morning Women's (Morro Bay):** No change; always full, standing room only; just made contribution
- **Sense of Belonging (Thursday night, Los Osos):**
 - Smaller meeting but getting more women after the holidays
 - Treasurer just gave report
 - Read from Grapevine books (currently reading old-timers stories)
 - When finished with a book, they buy more, which depletes treasury
 - Selling used books for half price
 - Sharon volunteering as COR rep for this meeting since Kathleen is overwhelmed with commitments

- **Discussion about used Grapevine books:**
 - Grapevine books going up to \$17
 - Melissa suggested Central Office could serve as a repository for used books
 - Would be completely separate from Central Office inventory/sales
 - Volunteers would not handle the money; group would need own cash box
 - Will discuss further at next board meeting

The meeting was adjourned at approximately 9:55 AM and closed with the Responsibility Pledge: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A., always to be there, and for that: I am responsible.*

Respectfully submitted,
Vanessa S

Numbers and Links to Share with Your Groups

Central Coast Central Office Intergroup (C.C.C.O.I.), Area 93, District 22

Office: 1333 Van Beurden Dr., Suite 102, Los Osos, CA 93402

Mailing address: PO Box 6819, Los Osos, CA 93412-6819

Phone: 805-541-3211

Web: www.sloaa.org

To contribute to the Central Office:

- Our Venmo account is: @slocentraloffice
- If donating for a group, please put the name of group, town, and group number if available or note if it is a contribution for a birthday or personal contribution

Meeting Directory (includes online and face-to-face): www.sloaa.org/meetings

Literature Sales:

- CCCOI is open for literature sales from 12 Noon to 6 PM M-F and 1 PM to 4 PM Saturday
- See www.sloaa.org/aa-literature for current stock and prices

Nameless Newsletter: www.sloaa.org/resources/nameless-newsletter

Service Sunday: Second Sunday of each month

Central Office Representative (COR) Meeting

Time: 8:45 AM

Link: zoom.us/j/95801240779

District 22 Committee (GSR Meeting)

Time: 10:15 AM

Link: [us02web.zoom.us/j/89303926186?](https://us02web.zoom.us/j/89303926186?pwd=TIl3OHdGNWlIZXhvM2RQM0FiR2dLUT09)

[pwd=TIl3OHdGNWlIZXhvM2RQM0FiR2dLUT09](https://us02web.zoom.us/j/89303926186?pwd=TIl3OHdGNWlIZXhvM2RQM0FiR2dLUT09)

Meeting ID: 882 792 580 44

Password: d22gsr

In-Person Location: SLO Alano Club, 3075 Broad St., SLO, 93401

District 22 Convention Planning

Time: Noon

Location: The Melody Group, 265 South St., Suite F, San Luis Obispo, 93401