

Sunday, July 12, 2026 at 8:45 AM
Via Zoom: <https://zoom.us/j/86448505421>

Central Coast Central Office Intergroup Representatives Meeting (COR)

Tradition 7: Every AA group ought to be fully self-supporting, declining outside contributions.

June AA Birthdays

- None reported

Board Reports

Chairperson – Dick B

- Encouraged everyone to sign up for the convention; Central Office will host a table as it does every year, with Jim D's help
- Reported that the chili cook-off was a success (details under Member at Large)
- Kathleen W continues to do an excellent job coordinating volunteers and is always looking for more; anyone at your meeting who might answer phones once or twice a month, or cover a three-hour office shift once or twice a month, can likely be accommodated
- Office manager John is keeping the office clean and well stocked; Dick visits every two weeks
- Anyone with material for the Nameless Newsletter should contact Dick B for the editor's phone number or email

GSR Report – Kathe R

- Took the Central Office request to host a Founders Day event to the DCM
- The District does not have the resources for it and will decline the request

Secretary – Vanessa S

- Minutes from last meeting sent out shortly after the June meeting
- No questions or comments
- Motion to approve made by Kathe R, seconded, all in favor

Treasurer – Melissa M (not present, given by Dick B)

- Financial report for June 1–30, 2026 was emailed out in advance
- June:
 - Total revenue: \$2,207.40 (literature sales \$1,784.00; interest income \$25.50; member contributions \$397.40)
 - Cost of goods sold: \$819.50
 - Gross profit: \$1,387.90
 - Total expenses: \$2,867.22
 - Net revenue: –\$1,479.32 — several additional expenses came due this month; expected to correct with contributions in the following month
- Year to Date (January 1 – July 1, 2026):
 - Gross profit: \$16,026.42
 - Total expenses: \$16,354.60
 - Net operating revenue: –\$328.18 — essentially breaking even, which is the goal for a nonprofit

Balance Sheet (as of July 1, 2026):

- Operating bank account: \$12,078.74
- Prudent reserve (CD): \$17,583.39
- Total bank accounts: \$29,662.13
- Inventory: \$10,760.74
- Total assets: \$40,533.55
- Dick B thanked every group that contributes to the Central Office
- Motion to approve made by Brenda, seconded by Justin, all in favor

Literature – Brad L (not present, given by Dick B)

- Everything is under control with literature in the office
- A few backordered items are expected to arrive within a week

Communications – Open

- Open position

Member at Large – Jim D

- Most groups appear healthy in terms of meetings, attendance, and finances
- Convention planning is moving along well
- **Chili Cook-off:** Held Saturday, July 11 and very well attended, with roughly 21 contestants and live music. The contest brought in \$1,200 with \$600 awarded in prizes, netting \$600 for the convention
- **Golf Tournament:** Friday, August 28 — the day before the convention opens on Saturday, August 29. Sign-ups are well ahead of last year
- Sign up at **myd22.org** for the convention, the barbecue, the golf tournament, the marathon meetings, and other activities
- Middle House, a sober living house in San Luis Obispo, is celebrating its 60th anniversary today with a barbecue and a speaker meeting

Staff Reports

Volunteer Coordinator – Kathleen W (given by Dick B)

- Doing a good job; continues to circulate the volunteer calendar
- Always seeking additional volunteers for phone shifts and office shifts

COR Reports

Brenda, Mesa Group (Arroyo Grande)

- Participation in the steering committee is up
- The group approved a \$100 donation to Central Office (may not yet have been sent)

- With a quorum present, the group voted to allot \$200–\$220 to restock literature
- Approved a celebration of life on July 19 for a member who passed
- Co-GSR and co-treasurer positions remain open

Justin, Village Group

- Meetings continue as normal — two to five meetings a day, seven days a week
- Attendance is steady; 7 AM meetings are very well attended, evening meetings are smaller
- Business meetings shifted from quarterly to every other month

Rachel, Tuesday Women's Big Book Study (Arroyo Grande)

- Meets at St. Barnabas Episcopal Church
- Well attended with good attendance and regular contributions
- Now consistently holding quarterly business meetings, which has been helpful

Sharon H, Sense of Belonging (Los Osos) and Saturday Morning Women's Meeting (Morro Bay)

- **Sense of Belonging** (Thursday, 5:30 PM, Los Osos): currently studying the Grapevine book on atheists and agnostics, which has generated good discussion. Attendance around 20. The group recently made a large donation to Central Office and to its other donation recipients
- **Saturday Morning Women's Meeting** (Saturday, 9:30 AM, Morro Bay): large and consistently well attended, with three or four newcomers this past Saturday. The group will be electing a new secretary soon

Ben B, ABC Group (Paso Robles)

- Three meetings a day, sometimes four, seven days a week
- Held a group barbecue for fellowship with good turnout

Wayne N, 5 Cities Group

- About 12 meetings a week, mainly hybrid, drawing regular local attendance plus participants from out of state and other countries

- Quarterly group get-together on Saturday, July 18, 1–4 PM — hot dogs, beans, chips, drinks, piñata, and a dice game (\$3 to play). All are welcome
- Friday, July 17: celebrating longtime member Terry B's 16 years with a potluck and meeting at his fire circle
- Sunday, July 19, 2 PM: memorial for Jack C (over 50 years of sobriety) at the Mesa Group's room
- The convention is being announced at all meetings with encouragement to register online
- Big Sur campout at the end of September — contact Susie to attend

The meeting was adjourned at approximately 9:20 AM and closed with the Responsibility Pledge: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A., always to be there, and for that: I am responsible.*

Respectfully submitted,
Vanessa S

Numbers and Links to Share with Your Groups

Central Coast Central Office Intergroup (C.C.C.O.I.), Area 93, District 22

Office: 1333 Van Beurden Dr., Suite 102, Los Osos, CA 93402

Mailing address: PO Box 6819, Los Osos, CA 93412-6819

Phone: 805-541-3211

Web: www.sloaa.org

To contribute to the Central Office:

- Our Venmo account is: @slocentraloffice
- If donating for a group, please put the name of group, town, and group number if available or note if it is a contribution for a birthday or personal contribution

Meeting Directory (includes online and face-to-face): www.sloaa.org/meetings

Literature Sales:

- CCCOI is open for literature sales from 12 Noon to 6 PM M-F and 1 PM to 4 PM Saturday

- See www.sloaa.org/aa-literature for current stock and prices

Nameless Newsletter: www.sloaa.org/resources/nameless-newsletter

Service Sunday: Second Sunday of each month

Central Office Representative (COR) Meeting

Time: 8:45 AM

Link: zoom.us/j/86448505421

Meeting ID: 864 4850 5421

Password: n/a

District 22 Committee (GSR Meeting)

Time: 10:15 AM

Link: [us02web.zoom.us/j/89303926186?](https://us02web.zoom.us/j/89303926186?pwd=TIl3OHdGNWlIZXhvM2RQM0FiR2dLUT09)

[pwd=TIl3OHdGNWlIZXhvM2RQM0FiR2dLUT09](https://us02web.zoom.us/j/89303926186?pwd=TIl3OHdGNWlIZXhvM2RQM0FiR2dLUT09)

Meeting ID: 882 792 580 44

Password: d22gsr

In-Person Location: SLO Alano Club, 3075 Broad St., SLO, 93401

District 22 Convention Planning

Time: Noon

Location: The Melody Group, 265 South St., Suite F, San Luis Obispo, 93401